



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Bērtule, Ilze

□□: Saldus OK

□□□: 45:30

□□□□: 11:05 min/km

□□: 4.10 km / 19 □□

□□□□:

Women -21A

□□□□□: 10(of 26)

□□□□□□□: 36:40

□□: 8:50

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	□□	-	-	%	□□	-	-	%
1 (123)	2:59	14	0:51	39.8	2:59	14	0:51	39.8
2 (83)	3:01	7	0:30	19.9	6:00	7	1:07	22.9
3 (109)	1:45	16	0:38	56.7	7:45	9	1:45	29.2
4 (86)	2:44	14	1:05	65.7	10:29	8	2:17	27.9
5 (89)	1:39	12	0:15	17.9	12:08	9	2:22	24.2
6 (124)	1:14	16	0:20	37.0	13:22	8	2:32	23.4
7 (125)	3:16	5	0:13	7.1	16:38	5	2:31	17.8
8 (93)	7:47	24	4:42	152.4	24:25	13	6:08	33.6
9 (115)	1:03	7	0:17	37.0	25:28	13	6:07	31.6
10 (91)	2:15	8	0:33	32.4	27:43	12	6:04	28.0
11 (116)	2:03	10	0:19	18.3	29:46	11	5:59	25.2
12 (117)	0:55	9	0:05	10.0	30:41	11	6:00	24.3
13 (118)	1:57	15	0:41	54.0	32:38	11	6:26	24.6
14 (99)	0:36	13	0:12	50.0	33:14	11	5:53	21.5
15 (119)	6:25	23	3:20	108.1	39:39	12	8:44	28.3
16 (53)	1:04	10	0:11	20.8	40:43	12	8:39	27.0
17 (103)	2:07	4	0:23	22.1	42:50	10	8:36	25.1
18 (126)	1:12	12	0:16	28.6	44:02	10	8:42	24.6
19 (100)	1:02	18	0:14	29.2	45:04	10	8:51	24.4
□□	0:26	12	0:06	30.0	45:30	10	8:50	24.1