



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Rauhala, Teija

□□: Hiidenkadun Hurjat

□□□: 46:08

□□□□: 11:15 min/km

□□: 4.10 km / 19 □□

□□□□:

Women -21A

□□□□□: 11(of 26)

□□□□□□□: 36:40

□□: 9:28

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| □□ | □□ | □□ | □□ | □□ | □□□ | □□ | □□ | □□ |
|----------|------|----|------|-------|-------|----|------|------|
| | □□ | - | - | % | □□ | - | - | % |
| 1 (123) | 2:59 | 14 | 0:51 | 39.8 | 2:59 | 14 | 0:51 | 39.8 |
| 2 (83) | 5:04 | 24 | 2:33 | 101.3 | 8:03 | 18 | 3:10 | 64.9 |
| 3 (109) | 1:30 | 11 | 0:23 | 34.3 | 9:33 | 16 | 3:33 | 59.2 |
| 4 (86) | 2:36 | 13 | 0:57 | 57.6 | 12:09 | 14 | 3:57 | 48.2 |
| 5 (89) | 1:48 | 15 | 0:24 | 28.6 | 13:57 | 13 | 4:11 | 42.8 |
| 6 (124) | 1:11 | 12 | 0:17 | 31.5 | 15:08 | 13 | 4:18 | 39.7 |
| 7 (125) | 7:03 | 26 | 4:00 | 131.2 | 22:11 | 15 | 8:04 | 57.1 |
| 8 (93) | 4:10 | 13 | 1:05 | 35.1 | 26:21 | 16 | 8:04 | 44.1 |
| 9 (115) | 1:03 | 7 | 0:17 | 37.0 | 27:24 | 15 | 8:03 | 41.6 |
| 10 (91) | 2:26 | 11 | 0:44 | 43.1 | 29:50 | 14 | 8:11 | 37.8 |
| 11 (116) | 2:21 | 16 | 0:37 | 35.6 | 32:11 | 13 | 8:24 | 35.3 |
| 12 (117) | 0:56 | 11 | 0:06 | 12.0 | 33:07 | 12 | 8:26 | 34.2 |
| 13 (118) | 1:38 | 7 | 0:22 | 29.0 | 34:45 | 12 | 8:33 | 32.6 |
| 14 (99) | 0:38 | 19 | 0:14 | 58.3 | 35:23 | 12 | 8:02 | 29.4 |
| 15 (119) | 3:57 | 12 | 0:52 | 28.1 | 39:20 | 11 | 8:25 | 27.2 |
| 16 (53) | 1:20 | 23 | 0:27 | 50.9 | 40:40 | 11 | 8:36 | 26.8 |
| 17 (103) | 2:51 | 17 | 1:07 | 64.4 | 43:31 | 11 | 9:17 | 27.1 |
| 18 (126) | 1:14 | 14 | 0:18 | 32.1 | 44:45 | 11 | 9:25 | 26.7 |
| 19 (100) | 1:01 | 17 | 0:13 | 27.1 | 45:46 | 11 | 9:33 | 26.4 |
| □□ | 0:22 | 5 | 0:02 | 10.0 | 46:08 | 11 | 9:28 | 25.8 |