



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Tarasova, Aiga

□□: Ozons

□□□: 46:49

□□□□: 11:25 min/km

□□: 4.10 km / 19 □□

□□□□:

Women -21A

□□□□□: 12(of 26)

□□□□□□: 36:40

□□: 10:09

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (123)	2:42	8	0:34	26.6	2:42	8	0:34	26.6
2 (83)	3:32	11	1:01	40.4	6:14	10	1:21	27.7
3 (109)	3:52	24	2:45	246.3	10:06	19	4:06	68.3
4 (86)	3:10	16	1:31	91.9	13:16	17	5:04	61.8
5 (89)	2:07	20	0:43	51.2	15:23	16	5:37	57.5
6 (124)	1:15	17	0:21	38.9	16:38	16	5:48	53.5
7 (125)	6:19	23	3:16	107.1	22:57	18	8:50	62.6
8 (93)	3:12	2	0:07	3.8	26:09	15	7:52	43.0
9 (115)	1:22	16	0:36	78.3	27:31	16	8:10	42.2
10 (91)	1:56	4	0:14	13.7	29:27	13	7:48	36.0
11 (116)	2:09	15	0:25	24.0	31:36	12	7:49	32.9
12 (117)	1:54	21	1:04	128.0	33:30	13	8:49	35.7
13 (118)	2:29	21	1:13	96.1	35:59	13	9:47	37.3
14 (99)	0:26	2	0:02	8.3	36:25	13	9:04	33.2
15 (119)	3:33	5	0:28	15.1	39:58	13	9:03	29.3
16 (53)	1:09	18	0:16	30.2	41:07	13	9:03	28.2
17 (103)	3:20	20	1:36	92.3	44:27	12	10:13	29.8
18 (126)	1:01	5	0:05	8.9	45:28	12	10:08	28.7
19 (100)	0:58	14	0:10	20.8	46:26	12	10:13	28.2
□□	0:23	7	0:03	15.0	46:49	12	10:09	27.7