



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Pavāre, Sanita

□□: EKO O

□□□: 52:22

□□□□: 12:46 min/km

□□: 4.10 km / 19 □□

□□□□:

Women -21A

□□□□□: 17(of 26)

□□□□□□□: 36:40

□□: 15:42

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (123)	2:45	9	0:37	28.9	2:45	9	0:37	28.9
2 (83)	4:28	23	1:57	77.5	7:13	17	2:20	47.8
3 (109)	3:08	23	2:01	180.6	10:21	20	4:21	72.5
4 (86)	2:18	10	0:39	39.4	12:39	15	4:27	54.3
5 (89)	1:38	11	0:14	16.7	14:17	14	4:31	46.3
6 (124)	1:04	9	0:10	18.5	15:21	14	4:31	41.7
7 (125)	3:09	4	0:06	3.3	18:30	11	4:23	31.1
8 (93)	6:23	23	3:18	107.0	24:53	14	6:36	36.1
9 (115)	2:10	25	1:24	182.6	27:03	14	7:42	39.8
10 (91)	3:28	19	1:46	103.9	30:31	15	8:52	41.0
11 (116)	2:27	18	0:43	41.4	32:58	14	9:11	38.6
12 (117)	0:55	9	0:05	10.0	33:53	14	9:12	37.3
13 (118)	3:10	23	1:54	150.0	37:03	14	10:51	41.4
14 (99)	0:28	4	0:04	16.7	37:31	14	10:10	37.2
15 (119)	7:38	24	4:33	147.6	45:09	17	14:14	46.0
16 (53)	0:59	6	0:06	11.3	46:08	17	14:04	43.9
17 (103)	3:03	18	1:19	76.0	49:11	17	14:57	43.7
18 (126)	1:32	22	0:36	64.3	50:43	17	15:23	43.5
19 (100)	1:18	24	0:30	62.5	52:01	17	15:48	43.6
□□	0:21	3	0:01	5.0	52:22	17	15:42	42.8