



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Berķe, Līga

□□: Briksnis SK

□□□: 53:09

□□□□: 12:57 min/km

□□: 4.10 km / 19 □□

□□□□:

Women -21A

□□□□□: 19(of 26)

□□□□□□□: 36:40

□□: 16:29

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (123)	5:01	22	2:53	135.2	5:01	22	2:53	135.2
2 (83)	4:11	22	1:40	66.2	9:12	22	4:19	88.4
3 (109)	2:15	19	1:08	101.5	11:27	22	5:27	90.8
4 (86)	3:21	18	1:42	103.0	14:48	18	6:36	80.5
5 (89)	5:24	26	4:00	285.7	20:12	22	10:26	106.8
6 (124)	1:00	5	0:06	11.1	21:12	22	10:22	95.7
7 (125)	3:03	1	-	-	24:15	21	10:08	71.8
8 (93)	6:04	21	2:59	96.8	30:19	21	12:02	65.8
9 (115)	0:55	3	0:09	19.6	31:14	21	11:53	61.4
10 (91)	3:00	17	1:18	76.5	34:14	19	12:35	58.1
11 (116)	3:06	20	1:22	78.9	37:20	17	13:33	57.0
12 (117)	1:08	17	0:18	36.0	38:28	17	13:47	55.8
13 (118)	1:45	9	0:29	38.2	40:13	17	14:01	53.5
14 (99)	2:06	26	1:42	425.0	42:19	19	14:58	54.7
15 (119)	3:47	11	0:42	22.7	46:06	18	15:11	49.1
16 (53)	1:02	9	0:09	17.0	47:08	18	15:04	47.0
17 (103)	2:19	8	0:35	33.7	49:27	18	15:13	44.5
18 (126)	2:29	26	1:33	166.1	51:56	19	16:36	47.0
19 (100)	0:50	3	0:02	4.2	52:46	19	16:33	45.7
□□	0:23	7	0:03	15.0	53:09	19	16:29	45.0