



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Krama, Inguna

□□: Zaļā paparde

□□□: 1:10:12

□□□□: 17:07 min/km

□□: 4.10 km / 19 □□

□□□□:

Women -21A

□□□□□: 23(of 26)

□□□□□□□: 36:40

□□: 33:32

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (123)	6:29	23	4:21	203.9	6:29	23	4:21	203.9
2 (83)	3:57	19	1:26	57.0	10:26	24	5:33	113.7
3 (109)	1:51	17	0:44	65.7	12:17	23	6:17	104.7
4 (86)	2:32	11	0:53	53.5	14:49	19	6:37	80.7
5 (89)	3:20	24	1:56	138.1	18:09	20	8:23	85.8
6 (124)	1:36	22	0:42	77.8	19:45	20	8:55	82.3
7 (125)	4:55	18	1:52	61.2	24:40	22	10:33	74.7
8 (93)	5:59	20	2:54	94.1	30:39	22	12:22	67.6
9 (115)	2:09	24	1:23	180.4	32:48	22	13:27	69.5
10 (91)	3:47	21	2:05	122.6	36:35	21	14:56	69.0
11 (116)	6:51	22	5:07	295.2	43:26	22	19:39	82.6
12 (117)	2:15	25	1:25	170.0	45:41	22	21:00	85.1
13 (118)	3:31	24	2:15	177.6	49:12	23	23:00	87.8
14 (99)	1:02	24	0:38	158.3	50:14	23	22:53	83.7
15 (119)	7:52	25	4:47	155.1	58:06	23	27:11	87.9
16 (53)	1:20	23	0:27	50.9	59:26	23	27:22	85.3
17 (103)	6:50	25	5:06	294.2	1:06:16	23	32:02	93.6
18 (126)	1:41	24	0:45	80.4	1:07:57	23	32:37	92.3
19 (100)	1:38	26	0:50	104.2	1:09:35	23	33:22	92.1
□□	0:37	26	0:17	85.0	1:10:12	23	33:32	91.5