



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Amoliņa, Gunta

□□: Ind.

□□□: 2:05:59

□□□□: 30:43 min/km

□□: 4.10 km / 19 □□

□□□□:

Women -21A

□□□□□: 26(of 26)

□□□□□□□: 36:40

□□: 1:29:19

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (123)	10:30	25	8:22	392.2	10:30	25	8:22	392.2
2 (83)	8:29	26	5:58	237.1	18:59	26	14:06	288.7
3 (109)	13:14	26	12:07	1,085.1	32:13	26	26:13	436.9
4 (86)	8:50	24	7:11	435.4	41:03	26	32:51	400.6
5 (89)	2:45	23	1:21	96.4	43:48	26	34:02	348.5
6 (124)	3:19	26	2:25	268.5	47:07	26	36:17	334.9
7 (125)	6:33	24	3:30	114.8	53:40	26	39:33	280.2
8 (93)	5:50	19	2:45	89.2	59:30	26	41:13	225.4
9 (115)	2:41	26	1:55	250.0	1:02:11	26	42:50	221.4
10 (91)	3:32	20	1:50	107.8	1:05:43	26	44:04	203.5
11 (116)	3:46	21	2:02	117.3	1:09:29	26	45:42	192.2
12 (117)	8:34	26	7:44	928.0	1:18:03	26	53:22	216.2
13 (118)	19:33	26	18:17	1,443.4	1:37:36	26	1:11:24	272.5
14 (99)	0:59	21	0:35	145.8	1:38:35	26	1:11:14	260.5
15 (119)	17:37	26	14:32	471.4	1:56:12	26	1:25:17	275.9
16 (53)	1:12	22	0:19	35.9	1:57:24	26	1:25:20	266.1
17 (103)	4:24	23	2:40	153.9	2:01:48	26	1:27:34	255.8
18 (126)	2:14	25	1:18	139.3	2:04:02	26	1:28:42	251.0
19 (100)	1:21	25	0:33	68.8	2:05:23	26	1:29:10	246.2
□□	0:36	25	0:16	80.0	2:05:59	26	1:29:19	243.6