



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Konovalova, Svetlana

□□: EKO O

□□□: 40:24

□□□□: 12:42 min/km

□□: 3.18 km / 13 □□

□□□□:

Women -21B

□□□□□: 8(of 18)

□□□□□□: 30:06

□□: 10:18

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	10:03	13	7:35	307.4	10:03	13	7:35	307.4
2 (135)	1:36	4	0:17	21.5	11:39	10	7:52	207.9
3 (136)	2:50	5	0:40	30.8	14:29	10	8:32	143.4
4 (111)	3:53	2	0:22	10.4	18:22	9	8:54	94.0
5 (95)	5:30	16	3:18	150.0	23:52	9	10:12	74.6
6 (116)	3:24	14	1:35	87.2	27:16	9	11:14	70.1
7 (97)	1:17	4	0:11	16.7	28:33	8	10:46	60.5
8 (137)	2:32	14	0:45	42.1	31:05	9	11:05	55.4
9 (128)	2:31	4	0:02	1.3	33:36	9	11:07	49.4
10 (53)	1:05	13	0:16	32.7	34:41	9	11:17	48.2
11 (121)	2:07	8	0:37	41.1	36:48	9	9:56	37.0
12 (122)	2:06	10	0:41	48.2	38:54	8	10:20	36.2
13 (100)	1:02	8	0:16	34.8	39:56	8	10:18	34.8
□□	0:28	10	0:09	47.4	40:24	8	10:18	34.2