



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Pužule, Ilze

□□: Burkānciems OK

□□□: 48:15

□□□□: 11:46 min/km

□□: 4.10 km / 19 □□

□□□□:

Women 35-

□□□□□: 12(of 22)

□□□□□□: 33:04

□□: 15:11

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (123)	2:35	5	0:45	40.9	2:35	5	0:45	40.9
2 (83)	2:56	4	0:23	15.0	5:31	5	0:51	18.2
3 (109)	1:22	4	0:13	18.8	6:53	2	1:04	18.3
4 (86)	2:21	6	0:51	56.7	9:14	2	1:35	20.7
5 (89)	1:59	13	0:45	60.8	11:13	4	2:05	22.8
6 (124)	1:46	19	1:05	158.5	12:59	4	2:42	26.3
7 (125)	4:20	11	1:55	79.3	17:19	4	4:07	31.2
8 (93)	8:46	20	5:59	215.0	26:05	12	9:33	57.8
9 (115)	2:32	20	1:46	230.4	28:37	11	11:19	65.4
10 (91)	2:33	12	0:43	39.1	31:10	11	11:55	61.9
11 (116)	2:18	11	0:44	46.8	33:28	10	12:28	59.4
12 (117)	1:12	14	0:31	75.6	34:40	11	12:55	59.4
13 (118)	2:05	16	0:42	50.6	36:45	13	13:37	58.9
14 (99)	0:37	8	0:12	48.0	37:22	13	13:48	58.6
15 (119)	4:18	12	1:32	55.4	41:40	13	14:30	53.4
16 (53)	1:14	18	0:25	51.0	42:54	13	14:48	52.7
17 (103)	2:28	7	0:54	57.5	45:22	12	15:05	49.8
18 (126)	1:10	9	0:15	27.3	46:32	12	14:44	46.3
19 (100)	1:11	19	0:23	47.9	47:43	12	15:04	46.2
□□	0:32	18	0:11	52.4	48:15	12	15:11	45.9