



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Veģere, leva

□□: Ozons

□□□: 31:18

□□□□: 8:24 min/km

□□: 3.72 km / 19 □□

□□□□:

Women 40-

□□□□□: 3(of 20)

□□□□□□: 27:12

□□: 4:06

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	2:45	5	0:26	18.7	2:45	5	0:26	18.7
2 (86)	2:19	5	0:18	14.9	5:04	6	0:41	15.6
3 (89)	1:28	6	0:08	10.0	6:32	5	0:49	14.3
4 (111)	1:05	3	0:05	8.3	7:37	2	0:35	8.3
5 (84)	2:04	6	0:19	18.1	9:41	2	0:51	9.6
6 (107)	1:01	5	0:05	8.9	10:42	3	0:49	8.3
7 (85)	1:47	7	0:21	24.4	12:29	3	1:02	9.0
8 (95)	3:14	4	0:14	7.8	15:43	2	1:03	7.2
9 (133)	1:30	5	0:07	8.4	17:13	2	1:07	6.9
10 (116)	0:33	8	0:05	17.9	17:46	2	1:12	7.2
11 (117)	2:43	18	1:55	239.6	20:29	2	3:06	17.8
12 (99)	1:50	12	0:28	34.2	22:19	3	3:28	18.4
13 (102)	3:27	10	0:22	11.9	25:46	4	3:50	17.5
14 (128)	0:59	14	0:20	51.3	26:45	4	4:09	18.4
15 (53)	0:53	5	0:04	8.2	27:38	4	4:09	17.7
16 (103)	1:52	4	0:02	1.8	29:30	3	4:11	16.5
17 (132)	0:27	11	0:06	28.6	29:57	3	4:11	16.2
18 (131)	0:26	2	0:02	8.3	30:23	3	4:10	15.9
19 (100)	0:30	3	0:04	15.4	30:53	3	4:08	15.5
□□	0:25	6	0:04	19.1	31:18	3	4:06	15.1