



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

0000

Ozoliņa, Zaiga

00: Auseklis IK

000: 33:20

0000: 8:57 min/km

00: 3.72 km / 19 00

0000:

Women 40-

00000: 4(of 20)

0000000: 27:12

00: 6:08

0000

00	00	00	00	00	000	00	00	00
	00	-	-	%	00	-	-	%
1 (130)	2:28	3	0:09	6.5	2:28	3	0:09	6.5
2 (86)	2:31	7	0:30	24.8	4:59	5	0:36	13.7
3 (89)	1:44	11	0:24	30.0	6:43	6	1:00	17.5
4 (111)	5:42	16	4:42	470.0	12:25	13	5:23	76.5
5 (84)	1:51	4	0:06	5.7	14:16	11	5:26	61.5
6 (107)	0:56	1	-	-	15:12	7	5:19	53.8
7 (85)	1:42	6	0:16	18.6	16:54	7	5:27	47.6
8 (95)	3:47	9	0:47	26.1	20:41	7	6:01	41.0
9 (133)	1:23	1	-	-	22:04	7	5:58	37.1
10 (116)	0:28	1	-	-	22:32	7	5:58	36.0
11 (117)	0:50	3	0:02	4.2	23:22	7	5:59	34.4
12 (99)	1:22	1	-	-	24:44	7	5:53	31.2
13 (102)	3:18	7	0:13	7.0	28:02	7	6:06	27.8
14 (128)	0:41	4	0:02	5.1	28:43	7	6:07	27.1
15 (53)	0:51	2	0:02	4.1	29:34	6	6:05	25.9
16 (103)	2:03	6	0:13	11.8	31:37	5	6:18	24.9
17 (132)	0:22	4	0:01	4.8	31:59	5	6:13	24.1
18 (131)	0:24	1	-	-	32:23	4	6:10	23.5
19 (100)	0:31	5	0:05	19.2	32:54	4	6:09	23.0
00	0:26	8	0:05	23.8	33:20	4	6:08	22.6