



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Kalniņa, Aiga

□□: Bez kompasā

□□□: 34:58

□□□□: 9:23 min/km

□□: 3.72 km / 19 □□

□□□□:

Women 40-

□□□□□: 8(of 20)

□□□□□□: 27:12

□□: 7:46

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	5:00	16	2:41	115.8	5:00	16	2:41	115.8
2 (86)	2:26	6	0:25	20.7	7:26	13	3:03	69.6
3 (89)	1:21	3	0:01	1.3	8:47	11	3:04	53.6
4 (111)	5:42	16	4:42	470.0	14:29	16	7:27	105.9
5 (84)	1:45	1	-	-	16:14	15	7:24	83.8
6 (107)	0:57	3	0:01	1.8	17:11	13	7:18	73.9
7 (85)	1:50	9	0:24	27.9	19:01	12	7:34	66.1
8 (95)	3:02	2	0:02	1.1	22:03	11	7:23	50.3
9 (133)	1:27	3	0:04	4.8	23:30	11	7:24	46.0
10 (116)	0:30	5	0:02	7.1	24:00	11	7:26	44.9
11 (117)	1:07	12	0:19	39.6	25:07	10	7:44	44.5
12 (99)	1:30	6	0:08	9.8	26:37	8	7:46	41.2
13 (102)	3:23	9	0:18	9.7	30:00	8	8:04	36.8
14 (128)	0:39	1	-	-	30:39	8	8:03	35.6
15 (53)	0:49	1	-	-	31:28	8	7:59	34.0
16 (103)	1:50	1	-	-	33:18	8	7:59	31.5
17 (132)	0:21	1	-	-	33:39	8	7:53	30.6
18 (131)	0:26	2	0:02	8.3	34:05	8	7:52	30.0
19 (100)	0:29	2	0:03	11.5	34:34	8	7:49	29.2
□□	0:24	4	0:03	14.3	34:58	8	7:46	28.6