



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Zērne, Maira

□□: Saldus OK

□□□: 38:39

□□□□: 10:23 min/km

□□: 3.72 km / 19 □□

□□□□:

Women 40-

□□□□□: 11(of 20)

□□□□□□□: 27:12

□□: 11:27

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	3:02	10	0:43	30.9	3:02	10	0:43	30.9
2 (86)	4:23	16	2:22	117.4	7:25	12	3:02	69.2
3 (89)	1:56	14	0:36	45.0	9:21	13	3:38	63.6
4 (111)	1:23	6	0:23	38.3	10:44	9	3:42	52.6
5 (84)	3:24	16	1:39	94.3	14:08	9	5:18	60.0
6 (107)	1:24	13	0:28	50.0	15:32	10	5:39	57.2
7 (85)	2:07	12	0:41	47.7	17:39	10	6:12	54.2
8 (95)	4:05	11	1:05	36.1	21:44	10	7:04	48.2
9 (133)	1:32	7	0:09	10.8	23:16	10	7:10	44.5
10 (116)	0:35	12	0:07	25.0	23:51	9	7:17	44.0
11 (117)	2:42	17	1:54	237.5	26:33	12	9:10	52.7
12 (99)	1:51	13	0:29	35.4	28:24	12	9:33	50.7
13 (102)	3:36	13	0:31	16.8	32:00	12	10:04	45.9
14 (128)	0:52	10	0:13	33.3	32:52	12	10:16	45.4
15 (53)	1:03	11	0:14	28.6	33:55	12	10:26	44.4
16 (103)	2:32	10	0:42	38.2	36:27	11	11:08	44.0
17 (132)	0:27	11	0:06	28.6	36:54	11	11:08	43.2
18 (131)	0:37	13	0:13	54.2	37:31	11	11:18	43.1
19 (100)	0:41	14	0:15	57.7	38:12	11	11:27	42.8
□□	0:27	9	0:06	28.6	38:39	11	11:27	42.1