



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Konanova, Anna

□□: Yarkij Mir

□□□: 47:47

□□□□: 12:50 min/km

□□: 3.72 km / 19 □□

□□□□:

Women 40-

□□□□□: 16(of 20)

□□□□□□: 27:12

□□: 20:35

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	2:54	8	0:35	25.2	2:54	8	0:35	25.2
2 (86)	16:52	18	14:51	736.4	19:46	18	15:23	351.0
3 (89)	1:29	7	0:09	11.3	21:15	18	15:32	271.7
4 (111)	1:07	4	0:07	11.7	22:22	17	15:20	218.0
5 (84)	2:11	7	0:26	24.8	24:33	17	15:43	177.9
6 (107)	1:20	12	0:24	42.9	25:53	17	16:00	161.9
7 (85)	1:55	11	0:29	33.7	27:48	16	16:21	142.8
8 (95)	4:10	14	1:10	38.9	31:58	16	17:18	118.0
9 (133)	2:15	16	0:52	62.7	34:13	16	18:07	112.5
10 (116)	0:33	8	0:05	17.9	34:46	16	18:12	109.9
11 (117)	1:05	10	0:17	35.4	35:51	16	18:28	106.2
12 (99)	1:43	9	0:21	25.6	37:34	16	18:43	99.3
13 (102)	3:30	12	0:25	13.5	41:04	16	19:08	87.2
14 (128)	1:14	15	0:35	89.7	42:18	16	19:42	87.2
15 (53)	1:03	11	0:14	28.6	43:21	16	19:52	84.6
16 (103)	2:09	7	0:19	17.3	45:30	16	20:11	79.7
17 (132)	0:26	9	0:05	23.8	45:56	16	20:10	78.3
18 (131)	0:39	15	0:15	62.5	46:35	16	20:22	77.7
19 (100)	0:42	15	0:16	61.5	47:17	16	20:32	76.8
□□	0:30	14	0:09	42.9	47:47	16	20:35	75.7