



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Kupča, Inguna

□□: Ozons

□□□: 40:43

□□□□: 10:56 min/km

□□: 3.72 km / 19 □□

□□□□:

Women 45-

□□□□□: 5(of 15)

□□□□□□□: 33:48

□□: 6:55

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	□□	-	-	%	□□	-	-	%
1 (130)	2:43	1	-	-	2:43	1	-	-
2 (86)	3:03	4	0:32	21.2	5:46	2	0:06	1.8
3 (89)	1:48	5	0:07	6.9	7:34	2	0:11	2.5
4 (111)	2:07	11	1:03	98.4	9:41	3	1:08	13.3
5 (84)	2:56	6	0:47	36.4	12:37	4	1:55	17.9
6 (107)	1:57	12	0:47	67.1	14:34	4	2:24	19.7
7 (85)	2:06	5	0:19	17.8	16:40	4	2:36	18.5
8 (95)	7:08	9	3:07	77.6	23:48	6	5:38	31.0
9 (133)	1:52	5	0:20	21.7	25:40	6	5:43	28.7
10 (116)	0:35	1	-	-	26:15	6	5:42	27.7
11 (117)	1:06	3	0:02	3.1	27:21	6	5:37	25.8
12 (99)	2:00	3	0:14	13.2	29:21	5	5:37	23.7
13 (102)	3:42	4	0:12	5.7	33:03	4	5:43	20.9
14 (128)	2:07	14	1:17	154.0	35:10	6	6:53	24.3
15 (53)	1:01	2	0:05	8.9	36:11	6	6:52	23.4
16 (103)	2:27	5	0:25	20.5	38:38	6	7:02	22.3
17 (132)	0:29	6	0:07	31.8	39:07	6	7:02	21.9
18 (131)	0:34	1	-	-	39:41	5	7:00	21.4
19 (100)	0:37	1	-	-	40:18	5	6:57	20.8
□□	0:25	3	0:02	8.7	40:43	5	6:55	20.5