



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Lebedoka, Gunta

□□: KURMIS OK

□□□: 33:57

□□□□: 9:00 min/km

□□: 3.77 km / 18 □□

□□□□:

Women 50-

□□□□□: 2(of 16)

□□□□□□□: 32:51

□□: 1:06

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (134)	4:02	4	0:27	12.6	4:02	4	0:27	12.6
2 (85)	3:27	1	-	-	7:29	1	-	-
3 (109)	1:26	2	0:05	6.2	8:55	1	-	-
4 (84)	0:51	5	0:13	34.2	9:46	1	-	-
5 (124)	1:59	5	0:18	17.8	11:45	1	-	-
6 (114)	4:33	3	0:41	17.7	16:18	1	-	-
7 (92)	1:43	4	0:29	39.2	18:01	2	0:22	2.1
8 (133)	2:37	1	-	-	20:38	2	0:20	1.6
9 (117)	1:39	4	0:13	15.1	22:17	2	0:33	2.5
10 (98)	1:03	3	0:06	10.5	23:20	2	0:35	2.6
11 (118)	1:25	3	0:07	9.0	24:45	2	0:41	2.8
12 (101)	3:03	2	0:18	10.9	27:48	2	0:59	3.7
13 (53)	1:39	6	0:11	12.5	29:27	2	1:10	4.1
14 (120)	1:46	8	0:26	32.5	31:13	2	1:36	5.4
15 (126)	0:49	11	0:12	32.4	32:02	2	1:45	5.8
16 (131)	0:31	4	0:02	6.9	32:33	2	1:47	5.8
17 (132)	0:30	6	0:05	20.0	33:03	2	1:14	3.9
18 (100)	0:30	2	0:01	3.5	33:33	2	1:13	3.8
□□	0:24	1	-	-	33:57	2	1:06	3.4