



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Turka, Odeta

□□: Taka TOK

□□□: 54:00

□□□□: 14:19 min/km

□□: 3.77 km / 18 □□

□□□□:

Women 50-

□□□□□: 13(of 16)

□□□□□□: 32:51

□□: 21:09

□□□□

| □□ | □□ □□ | □□ - | □□ - | □□ % | □□□ □□ | □□ - | □□ - | □□ % |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (134) | 3:48 | 2 | 0:13 | 6.1 | 3:48 | 2 | 0:13 | 6.1 |
| 2 (85) | 21:25 | 16 | 17:58 | 520.8 | 25:13 | 15 | 17:44 | 237.0 |
| 3 (109) | 1:31 | 4 | 0:10 | 12.4 | 26:44 | 15 | 17:49 | 199.8 |
| 4 (84) | 0:49 | 4 | 0:11 | 29.0 | 27:33 | 15 | 17:47 | 182.1 |
| 5 (124) | 2:10 | 10 | 0:29 | 28.7 | 29:43 | 15 | 17:58 | 152.9 |
| 6 (114) | 7:09 | 11 | 3:17 | 84.9 | 36:52 | 15 | 20:34 | 126.2 |
| 7 (92) | 1:38 | 3 | 0:24 | 32.4 | 38:30 | 15 | 20:51 | 118.1 |
| 8 (133) | 2:57 | 5 | 0:20 | 12.7 | 41:27 | 14 | 21:09 | 104.2 |
| 9 (117) | 1:27 | 2 | 0:01 | 1.2 | 42:54 | 14 | 21:10 | 97.4 |
| 10 (98) | 1:04 | 4 | 0:07 | 12.3 | 43:58 | 13 | 21:13 | 93.3 |
| 11 (118) | 1:25 | 3 | 0:07 | 9.0 | 45:23 | 13 | 21:19 | 88.6 |
| 12 (101) | 3:03 | 2 | 0:18 | 10.9 | 48:26 | 13 | 21:37 | 80.6 |
| 13 (53) | 1:32 | 2 | 0:04 | 4.6 | 49:58 | 13 | 21:41 | 76.7 |
| 14 (120) | 1:24 | 2 | 0:04 | 5.0 | 51:22 | 13 | 21:45 | 73.4 |
| 15 (126) | 0:45 | 7 | 0:08 | 21.6 | 52:07 | 13 | 21:50 | 72.1 |
| 16 (131) | 0:30 | 2 | 0:01 | 3.5 | 52:37 | 13 | 21:51 | 71.0 |
| 17 (132) | 0:28 | 2 | 0:03 | 12.0 | 53:05 | 13 | 21:16 | 66.8 |
| 18 (100) | 0:30 | 2 | 0:01 | 3.5 | 53:35 | 13 | 21:15 | 65.7 |
| □□ | 0:25 | 2 | 0:01 | 4.2 | 54:00 | 13 | 21:09 | 64.4 |