



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Nordberg, Liisa

□□: Helsingin Suunnistajat

□□□: 1:00:13

□□□□: 15:58 min/km

□□: 3.77 km / 18 □□

□□□□:

Women 55-

□□□□□: 13(of 20)

□□□□□□□: 33:44

□□: 26:29

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (134)	9:14	14	5:08	125.2	9:14	14	5:08	125.2
2 (85)	13:34	15	9:43	252.4	22:48	16	14:21	169.8
3 (109)	5:24	19	3:52	252.2	28:12	17	18:13	182.5
4 (84)	0:46	2	0:08	21.1	28:58	17	18:08	167.4
5 (124)	2:53	11	1:08	64.8	31:51	15	19:16	153.1
6 (114)	8:54	12	4:37	107.8	40:45	14	23:53	141.6
7 (92)	1:40	7	0:25	33.3	42:25	14	24:08	132.0
8 (133)	3:29	9	0:50	31.5	45:54	14	24:58	119.3
9 (117)	2:16	13	0:55	67.9	48:10	14	25:37	113.6
10 (98)	1:23	12	0:21	33.9	49:33	14	25:58	110.1
11 (118)	1:33	7	0:10	12.1	51:06	14	26:06	104.4
12 (101)	3:14	6	0:33	20.5	54:20	14	26:27	94.9
13 (53)	1:33	1	-	-	55:53	14	26:19	89.0
14 (120)	1:24	4	0:04	5.0	57:17	13	26:21	85.2
15 (126)	0:44	9	0:09	25.7	58:01	13	26:24	83.5
16 (131)	0:31	2	0:04	14.8	58:32	13	26:22	82.0
17 (132)	0:31	5	0:05	19.2	59:03	13	26:22	80.7
18 (100)	0:39	13	0:08	25.8	59:42	13	26:27	79.6
□□	0:31	10	0:04	14.8	1:00:13	13	26:29	78.5