



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Jumare, Izolde

□□: Ind.

□□□: 1:41:37

□□□□: 26:57 min/km

□□: 3.77 km / 18 □□

□□□□:

Women 55-

□□□□□: 19(of 20)

□□□□□□□: 33:44

□□: 1:07:53

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (134)	6:11	7	2:05	50.8	6:11	7	2:05	50.8
2 (85)	24:19	19	20:28	531.6	30:30	19	22:03	261.0
3 (109)	2:17	14	0:45	48.9	32:47	19	22:48	228.4
4 (84)	1:29	17	0:51	134.2	34:16	19	23:26	216.3
5 (124)	9:15	18	7:30	428.6	43:31	19	30:56	245.8
6 (114)	18:38	19	14:21	335.0	1:02:09	19	45:17	268.5
7 (92)	3:03	12	1:48	144.0	1:05:12	19	46:55	256.6
8 (133)	9:13	19	6:34	247.8	1:14:25	19	53:29	255.5
9 (117)	2:05	10	0:44	54.3	1:16:30	19	53:57	239.3
10 (98)	2:15	18	1:13	117.7	1:18:45	19	55:10	233.9
11 (118)	2:34	17	1:11	85.5	1:21:19	19	56:19	225.3
12 (101)	10:30	19	7:49	291.3	1:31:49	19	1:03:56	229.3
13 (53)	2:25	15	0:52	55.9	1:34:14	19	1:04:40	218.7
14 (120)	1:53	11	0:33	41.3	1:36:07	19	1:05:11	210.7
15 (126)	2:47	19	2:12	377.1	1:38:54	19	1:07:17	212.8
16 (131)	0:40	12	0:13	48.2	1:39:34	19	1:07:24	209.5
17 (132)	0:43	17	0:17	65.4	1:40:17	19	1:07:36	206.8
18 (100)	0:44	17	0:13	41.9	1:41:01	19	1:07:46	203.8
□□	0:36	14	0:09	33.3	1:41:37	19	1:07:53	201.2