



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Dawson, Catherine

□□: Gafanhorl

□□□: 1:59:15

□□□□: 31:58 min/km

□□: 3.73 km / 17 □□

□□□□:

Women 60-

□□□□□: 11(of 11)

□□□□□□□: 39:05

□□: 1:20:10

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (82)	14:04	11	10:55	346.6	14:04	11	10:55	346.6
2 (87)	4:06	6	1:44	73.2	18:10	9	12:21	212.3
3 (129)	1:58	8	0:39	49.4	20:08	9	13:00	182.2
4 (86)	3:16	6	1:38	100.0	23:24	8	14:38	166.9
5 (89)	2:40	9	1:01	61.6	26:04	9	15:39	150.2
6 (109)	21:00	11	18:21	692.5	47:04	11	33:02	235.4
7 (84)	1:24	10	0:36	75.0	48:28	11	33:33	224.9
8 (111)	5:42	10	3:10	125.0	54:10	10	36:42	210.1
9 (94)	19:34	11	16:31	541.5	1:13:44	11	52:47	252.0
10 (115)	4:45	9	1:59	71.7	1:18:29	11	54:22	225.4
11 (96)	17:43	11	15:21	648.6	1:36:12	11	1:09:22	258.5
12 (116)	2:21	8	0:47	50.0	1:38:33	11	1:10:00	245.2
13 (78)	11:38	10	6:21	120.2	1:50:11	11	1:15:32	218.0
14 (53)	1:30	9	0:34	60.7	1:51:41	11	1:16:04	213.6
15 (120)	2:51	10	1:24	96.6	1:54:32	11	1:17:21	208.0
16 (131)	2:09	10	1:23	180.4	1:56:41	11	1:18:44	207.5
17 (100)	1:27	10	0:52	148.6	1:58:08	11	1:19:33	206.2
□□	1:07	11	0:38	131.0	1:59:15	11	1:20:10	205.1