



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Mankusa, Daila

□□: Saldus OK

□□□: 1:03:53

□□□□: 17:07 min/km

□□: 3.73 km / 17 □□

□□□□:

Women 70-

□□□□□: 3(of 11)

□□□□□□□: 45:47

□□: 18:06

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (82)	6:43	6	3:03	83.2	6:43	6	3:03	83.2
2 (87)	3:23	3	0:17	9.1	10:06	4	3:18	48.5
3 (129)	2:28	4	0:18	13.9	12:34	4	3:21	36.4
4 (86)	2:14	1	-	-	14:48	3	3:18	28.7
5 (89)	7:01	9	4:59	245.1	21:49	4	8:17	61.2
6 (109)	3:57	4	1:05	37.8	25:46	4	9:22	57.1
7 (84)	1:04	2	0:07	12.3	26:50	4	9:29	54.7
8 (111)	3:27	4	0:13	6.7	30:17	4	9:39	46.8
9 (94)	10:45	7	7:04	191.9	41:02	4	16:43	68.8
10 (115)	3:35	2	0:23	12.0	44:37	4	17:06	62.1
11 (96)	3:07	4	0:26	16.2	47:44	4	17:20	57.0
12 (116)	2:24	4	0:44	44.0	50:08	3	18:04	56.3
13 (78)	6:46	1	-	-	56:54	3	15:31	37.5
14 (53)	1:11	3	0:07	10.9	58:05	3	15:38	36.8
15 (120)	3:22	9	2:00	146.3	1:01:27	3	17:38	40.2
16 (131)	1:16	7	0:24	46.2	1:02:43	3	18:02	40.4
17 (100)	0:36	1	-	-	1:03:19	3	18:01	39.8
□□	0:34	2	0:05	17.2	1:03:53	3	18:06	39.5