



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Bruce, Ilze

□□: Saldus OK

□□□: 1:01:17

□□□□: 16:25 min/km

□□: 3.73 km / 17 □□

□□□□:

Women 75-

□□□□□: 2(of 6)

□□□□□□: 54:29

□□: 6:48

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	□□	-	-	%	□□	-	-	%
1 (82)	6:00	3	1:34	35.3	6:00	3	1:34	35.3
2 (87)	3:38	3	0:23	11.8	9:38	2	1:44	21.9
3 (129)	1:46	1	-	-	11:24	2	1:35	16.1
4 (86)	2:39	3	0:13	8.9	14:03	2	1:48	14.7
5 (89)	2:02	1	-	-	16:05	2	1:30	10.3
6 (109)	12:32	6	9:25	302.1	28:37	5	10:55	61.7
7 (84)	1:00	3	0:06	11.1	29:37	5	11:01	59.2
8 (111)	4:24	4	1:13	38.2	34:01	5	12:14	56.2
9 (94)	4:48	2	0:31	12.1	38:49	2	7:32	24.1
10 (115)	4:06	1	-	-	42:55	2	4:36	12.0
11 (96)	2:22	2	0:05	3.7	45:17	2	4:29	11.0
12 (116)	1:49	3	0:19	21.1	47:06	2	4:44	11.2
13 (78)	8:59	5	2:29	38.2	56:05	2	7:13	14.8
14 (53)	0:50	1	-	-	56:55	2	7:05	14.2
15 (120)	1:44	2	0:13	14.3	58:39	2	6:15	11.9
16 (131)	1:01	4	0:13	27.1	59:40	2	6:28	12.2
17 (100)	1:06	6	0:23	53.5	1:00:46	2	6:51	12.7
□□	0:31	1	-	-	1:01:17	2	6:48	12.5