



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Andersone, Aija

□□: Seniors

□□□: 1:40:53

□□□□: 27:02 min/km

□□: 3.73 km / 17 □□

□□□□:

Women 75-

□□□□□: 6(of 6)

□□□□□□: 54:29

□□: 46:24

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (82)	23:34	6	19:08	431.6	23:34	6	19:08	431.6
2 (87)	3:15	1	-	-	26:49	6	18:55	239.5
3 (129)	2:11	4	0:25	23.6	29:00	6	19:11	195.4
4 (86)	3:58	6	1:32	63.0	32:58	6	20:43	169.1
5 (89)	9:57	6	7:55	389.3	42:55	6	28:20	194.3
6 (109)	4:17	4	1:10	37.4	47:12	6	29:30	166.7
7 (84)	1:13	4	0:19	35.2	48:25	6	29:49	160.3
8 (111)	15:14	6	12:03	378.5	1:03:39	6	41:52	192.2
9 (94)	4:17	1	-	-	1:07:56	6	36:39	117.2
10 (115)	8:05	5	3:59	97.2	1:16:01	6	37:42	98.4
11 (96)	4:02	6	1:45	76.6	1:20:03	6	39:15	96.2
12 (116)	7:32	6	6:02	402.2	1:27:35	6	45:13	106.7
13 (78)	7:50	3	1:20	20.5	1:35:25	6	46:33	95.3
14 (53)	1:19	4	0:29	58.0	1:36:44	6	46:54	94.1
15 (120)	1:53	3	0:22	24.2	1:38:37	6	46:13	88.2
16 (131)	0:56	2	0:08	16.7	1:39:33	6	46:21	87.1
17 (100)	0:44	2	0:01	2.3	1:40:17	6	46:22	86.0
□□	0:36	4	0:05	16.1	1:40:53	6	46:24	85.2