



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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## Šķesteris, Renārs

□□: CPSS/Meridiāns/Pārgauja

□□□: 29:38

□□□□: 13:50 min/km

□□: 2.14 km / 9 □□

□□□□:

Men -12

□□□□□: 8(of 21)

□□□□□□: 17:24

□□: 12:14

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	6:47	12	4:24	184.6	6:47	12	4:24	184.6
2 (136)	4:29	6	1:57	77.0	11:16	10	5:44	103.6
3 (137)	2:45	2	0:22	15.4	14:01	8	4:29	47.0
4 (101)	1:48	2	0:10	10.2	15:49	8	4:12	36.2
5 (128)	0:36	2	0:02	5.9	16:25	7	3:59	32.0
6 (53)	7:25	17	6:39	867.4	23:50	9	10:28	78.3
7 (126)	4:11	14	2:56	234.7	28:01	8	12:03	75.5
8 (132)	0:47	4	0:07	17.5	28:48	8	12:08	72.8
9 (100)	0:28	7	0:05	21.7	29:16	8	12:12	71.5
□□	0:22	4	0:02	10.0	29:38	8	12:14	70.3