



# Rīgas kausi / Riga Cup 2015

Rīga / 18.04.2015

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Zandarts, Jānis

□□: Jēkaba aģentūra

□□□: 37:48

□□□□: 17:39 min/km

□□: 2.14 km / 9 □□

□□□□:

Men -12

□□□□□: 10(of 21)

□□□□□□□: 17:24

□□: 20:24

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	2:57	4	0:34	23.8	2:57	4	0:34	23.8
2 (136)	4:54	9	2:22	93.4	7:51	5	2:19	41.9
3 (137)	5:14	7	2:51	119.6	13:05	7	3:33	37.2
4 (101)	2:34	10	0:56	57.1	15:39	7	4:02	34.7
5 (128)	2:12	16	1:38	288.2	17:51	9	5:25	43.6
6 (53)	1:13	8	0:27	58.7	19:04	7	5:42	42.6
7 (126)	14:59	17	13:44	1,098.7	34:03	10	18:05	113.3
8 (132)	2:45	17	2:05	312.5	36:48	10	20:08	120.8
9 (100)	0:32	14	0:09	39.1	37:20	10	20:16	118.8
□□	0:28	17	0:08	40.0	37:48	10	20:24	117.2