



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Zērnis, Emīls

□□: Saldus OK

□□□: 28:35

□□□□: 8:36 min/km

□□: 3.32 km / 15 □□

□□□□:

Men -14

□□□□□: 3(of 28)

□□□□□□: 24:30

□□: 4:05

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	□□	-	-	%	□□	-	-	%
1 (130)	2:58	11	1:01	52.1	2:58	11	1:01	52.1
2 (135)	1:30	8	0:26	40.6	4:28	8	1:20	42.6
3 (83)	1:36	18	1:03	190.9	6:04	10	2:06	52.9
4 (111)	5:02	13	2:19	85.3	11:06	8	2:59	36.8
5 (95)	2:11	6	0:27	26.0	13:17	5	3:24	34.4
6 (92)	1:59	6	0:25	26.6	15:16	4	3:16	27.2
7 (96)	2:14	21	0:55	69.6	17:30	5	3:27	24.6
8 (133)	2:07	12	0:48	60.8	19:37	4	4:00	25.6
9 (118)	1:48	8	0:20	22.7	21:25	3	4:09	24.0
10 (102)	2:50	4	0:02	1.2	24:15	3	4:01	19.9
11 (53)	0:53	1	-	-	25:08	3	4:01	19.0
12 (126)	1:31	5	0:21	30.0	26:39	3	3:56	17.3
13 (120)	0:43	23	0:16	59.3	27:22	3	4:01	17.2
14 (132)	0:30	1	-	-	27:52	3	4:01	16.8
15 (100)	0:23	5	0:02	9.5	28:15	3	4:03	16.7
□□	0:20	2	0:02	11.1	28:35	3	4:05	16.7