



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Svilāns, Andris

□□: Ogre OK/SC

□□□: 38:14

□□□□: 11:30 min/km

□□: 3.32 km / 15 □□

□□□□:

Men -14

□□□□□: 10(of 28)

□□□□□□: 24:30

□□: 13:44

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	2:44	7	0:47	40.2	2:44	7	0:47	40.2
2 (135)	1:43	13	0:39	60.9	4:27	7	1:19	42.0
3 (83)	2:29	22	1:56	351.5	6:56	15	2:58	74.8
4 (111)	9:46	21	7:03	259.5	16:42	19	8:35	105.8
5 (95)	4:37	18	2:53	166.4	21:19	15	11:26	115.7
6 (92)	2:18	11	0:44	46.8	23:37	14	11:37	96.8
7 (96)	1:41	11	0:22	27.9	25:18	12	11:15	80.1
8 (133)	1:30	2	0:11	13.9	26:48	10	11:11	71.6
9 (118)	2:17	9	0:49	55.7	29:05	8	11:49	68.4
10 (102)	4:07	19	1:19	47.0	33:12	10	12:58	64.1
11 (53)	1:16	14	0:23	43.4	34:28	11	13:21	63.2
12 (126)	1:33	6	0:23	32.9	36:01	10	13:18	58.6
13 (120)	0:40	21	0:13	48.2	36:41	10	13:20	57.1
14 (132)	0:40	16	0:10	33.3	37:21	10	13:30	56.6
15 (100)	0:31	21	0:10	47.6	37:52	10	13:40	56.5
□□	0:22	10	0:04	22.2	38:14	10	13:44	56.1