



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Goldšteins, Svens

□□: Ogre OK/SC

□□□: 42:46

□□□□: 12:52 min/km

□□: 3.32 km / 15 □□

□□□□:

Men -14

□□□□□: 16(of 28)

□□□□□□: 24:30

□□: 18:16

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	3:22	18	1:25	72.7	3:22	18	1:25	72.7
2 (135)	1:39	10	0:35	54.7	5:01	13	1:53	60.1
3 (83)	1:46	19	1:13	221.2	6:47	14	2:49	71.0
4 (111)	4:58	11	2:15	82.8	11:45	10	3:38	44.8
5 (95)	8:51	21	7:07	410.6	20:36	14	10:43	108.4
6 (92)	2:42	16	1:08	72.3	23:18	13	11:18	94.2
7 (96)	2:08	18	0:49	62.0	25:26	14	11:23	81.0
8 (133)	2:19	15	1:00	76.0	27:45	12	12:08	77.7
9 (118)	2:27	12	0:59	67.1	30:12	13	12:56	74.9
10 (102)	4:41	21	1:53	67.3	34:53	14	14:39	72.4
11 (53)	3:25	23	2:32	286.8	38:18	16	17:11	81.4
12 (126)	1:53	17	0:43	61.4	40:11	16	17:28	76.9
13 (120)	0:41	22	0:14	51.9	40:52	16	17:31	75.0
14 (132)	0:46	21	0:16	53.3	41:38	16	17:47	74.6
15 (100)	0:36	25	0:15	71.4	42:14	16	18:02	74.5
□□	0:32	26	0:14	77.8	42:46	16	18:16	74.6