



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Johansens, Pauls Verners

□□: Auseklis IK

□□□: 45:11

□□□□: 13:36 min/km

□□: 3.32 km / 15 □□

□□□□:

Men -14

□□□□□: 17(of 28)

□□□□□□: 24:30

□□: 20:41

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	3:03	14	1:06	56.4	3:03	14	1:06	56.4
2 (135)	1:48	15	0:44	68.8	4:51	11	1:43	54.8
3 (83)	0:33	1	-	-	5:24	5	1:26	36.1
4 (111)	2:43	1	-	-	8:07	1	-	-
5 (95)	2:19	9	0:35	33.7	10:26	2	0:33	5.6
6 (92)	1:34	1	-	-	12:00	1	-	-
7 (96)	4:06	23	2:47	211.4	16:06	3	2:03	14.6
8 (133)	14:23	25	13:04	992.4	30:29	16	14:52	95.2
9 (118)	1:38	6	0:10	11.4	32:07	15	14:51	86.0
10 (102)	6:01	22	3:13	114.9	38:08	17	17:54	88.5
11 (53)	3:46	26	2:53	326.4	41:54	17	20:47	98.4
12 (126)	1:26	3	0:16	22.9	43:20	17	20:37	90.8
13 (120)	0:31	4	0:04	14.8	43:51	17	20:30	87.8
14 (132)	0:32	6	0:02	6.7	44:23	17	20:32	86.1
15 (100)	0:25	12	0:04	19.1	44:48	17	20:36	85.1
□□	0:23	14	0:05	27.8	45:11	17	20:41	84.4