



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Līcis, Matīss Daniels

□□: Ogre OK/SC

□□□: 47:10

□□□□: 14:12 min/km

□□: 3.32 km / 15 □□

□□□□:

Men -14

□□□□□: 19(of 28)

□□□□□□: 24:30

□□: 22:40

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	2:59	12	1:02	53.0	2:59	12	1:02	53.0
2 (135)	1:10	3	0:06	9.4	4:09	4	1:01	32.5
3 (83)	0:55	9	0:22	66.7	5:04	3	1:06	27.7
4 (111)	3:29	4	0:46	28.2	8:33	3	0:26	5.3
5 (95)	17:13	25	15:29	893.3	25:46	21	15:53	160.7
6 (92)	2:44	18	1:10	74.5	28:30	20	16:30	137.5
7 (96)	1:39	8	0:20	25.3	30:09	21	16:06	114.6
8 (133)	2:28	17	1:09	87.3	32:37	20	17:00	108.9
9 (118)	3:57	17	2:29	169.3	36:34	18	19:18	111.8
10 (102)	3:32	15	0:44	26.2	40:06	18	19:52	98.2
11 (53)	2:06	21	1:13	137.7	42:12	18	21:05	99.8
12 (126)	2:56	20	1:46	151.4	45:08	19	22:25	98.7
13 (120)	0:35	16	0:08	29.6	45:43	19	22:22	95.8
14 (132)	0:35	9	0:05	16.7	46:18	19	22:27	94.1
15 (100)	0:27	15	0:06	28.6	46:45	19	22:33	93.2
□□	0:25	20	0:07	38.9	47:10	19	22:40	92.5