



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Kilups, Kārlis

□□: Ziemeļkurzeme OK

□□□: 52:36

□□□□: 15:50 min/km

□□: 3.32 km / 15 □□

□□□□:

Men -14

□□□□□: 22(of 28)

□□□□□□: 24:30

□□: 28:06

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	13:25	26	11:28	588.0	13:25	26	11:28	588.0
2 (135)	1:39	10	0:35	54.7	15:04	26	11:56	380.9
3 (83)	1:46	19	1:13	221.2	16:50	26	12:52	324.4
4 (111)	4:56	10	2:13	81.6	21:46	23	13:39	168.2
5 (95)	8:54	22	7:10	413.5	30:40	23	20:47	210.3
6 (92)	2:41	15	1:07	71.3	33:21	23	21:21	177.9
7 (96)	2:11	20	0:52	65.8	35:32	23	21:29	152.9
8 (133)	2:15	14	0:56	70.9	37:47	23	22:10	141.9
9 (118)	2:26	10	0:58	65.9	40:13	21	22:57	132.9
10 (102)	4:34	20	1:46	63.1	44:47	22	24:33	121.3
11 (53)	3:40	25	2:47	315.1	48:27	22	27:20	129.4
12 (126)	1:38	15	0:28	40.0	50:05	22	27:22	120.5
13 (120)	0:48	24	0:21	77.8	50:53	22	27:32	117.9
14 (132)	0:47	22	0:17	56.7	51:40	22	27:49	116.6
15 (100)	0:30	20	0:09	42.9	52:10	22	27:58	115.6
□□	0:26	21	0:08	44.4	52:36	22	28:06	114.7