



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Rudzītis, Kārlis Roberts

□□: CPSS/Meridiāns/Pārgauja

□□□: 1:18:14

□□□□: 23:33 min/km

□□: 3.32 km / 15 □□

□□□□:

Men -14

□□□□□: 24(of 28)

□□□□□□: 24:30

□□: 53:44

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	3:47	19	1:50	94.0	3:47	19	1:50	94.0
2 (135)	2:22	19	1:18	121.9	6:09	17	3:01	96.3
3 (83)	7:29	26	6:56	1,260.6	13:38	23	9:40	243.7
4 (111)	21:05	25	18:22	676.1	34:43	25	26:36	327.7
5 (95)	2:12	8	0:28	26.9	36:55	25	27:02	273.5
6 (92)	1:47	4	0:13	13.8	38:42	25	26:42	222.5
7 (96)	1:50	15	0:31	39.2	40:32	24	26:29	188.5
8 (133)	3:10	19	1:51	140.5	43:42	24	28:05	179.8
9 (118)	11:27	24	9:59	680.7	55:09	24	37:53	219.4
10 (102)	14:03	25	11:15	401.8	1:09:12	24	48:58	242.0
11 (53)	3:26	24	2:33	288.7	1:12:38	24	51:31	244.0
12 (126)	3:17	24	2:07	181.4	1:15:55	24	53:12	234.2
13 (120)	0:37	18	0:10	37.0	1:16:32	24	53:11	227.8
14 (132)	0:51	23	0:21	70.0	1:17:23	24	53:32	224.5
15 (100)	0:28	16	0:07	33.3	1:17:51	24	53:39	221.7
□□	0:23	14	0:05	27.8	1:18:14	24	53:44	219.3