



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Puķīte, Artis

□□: Kāpa OK/Saulkrasti

□□□: 1:23:02

□□□□: 25:00 min/km

□□: 3.32 km / 15 □□

□□□□:

Men -14

□□□□□: 25(of 28)

□□□□□□: 24:30

□□: 58:32

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	7:09	23	5:12	266.7	7:09	23	5:12	266.7
2 (135)	5:47	24	4:43	442.2	12:56	25	9:48	312.8
3 (83)	1:58	21	1:25	257.6	14:54	25	10:56	275.6
4 (111)	12:14	22	9:31	350.3	27:08	24	19:01	234.3
5 (95)	5:00	20	3:16	188.5	32:08	24	22:15	225.1
6 (92)	4:52	24	3:18	210.6	37:00	24	25:00	208.3
7 (96)	21:54	26	20:35	1,563.3	58:54	25	44:51	319.2
8 (133)	3:18	20	1:59	150.6	1:02:12	25	46:35	298.3
9 (118)	4:15	19	2:47	189.8	1:06:27	25	49:11	284.9
10 (102)	9:27	24	6:39	237.5	1:15:54	25	55:40	275.1
11 (53)	1:55	18	1:02	117.0	1:17:49	25	56:42	268.5
12 (126)	2:46	19	1:36	137.1	1:20:35	25	57:52	254.7
13 (120)	0:33	11	0:06	22.2	1:21:08	25	57:47	247.5
14 (132)	0:51	23	0:21	70.0	1:21:59	25	58:08	243.8
15 (100)	0:37	26	0:16	76.2	1:22:36	25	58:24	241.3
□□	0:26	21	0:08	44.4	1:23:02	25	58:32	238.9