



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Vahruševs, Daniels

□□: Ogre OK/SC

□□□: 36:56

□□□□: 9:01 min/km

□□: 4.09 km / 21 □□

□□□□:

Men -16

□□□□□: 5(of 19)

□□□□□□□: 30:44

□□: 6:12

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	8:01	17	6:21	381.0	8:01	17	6:21	381.0
2 (106)	0:41	1	-	-	8:42	16	6:11	245.7
3 (107)	2:26	10	0:46	46.0	11:08	14	6:55	164.0
4 (108)	1:21	2	0:10	14.1	12:29	11	6:31	109.2
5 (85)	0:58	8	0:24	70.6	13:27	9	6:20	89.0
6 (109)	1:10	2	0:12	20.7	14:37	9	6:10	73.0
7 (110)	1:31	11	0:45	97.8	16:08	9	6:47	72.6
8 (111)	2:40	11	1:14	86.1	18:48	9	7:46	70.4
9 (112)	0:50	1	-	-	19:38	9	7:39	63.8
10 (113)	1:43	2	0:03	3.0	21:21	8	7:42	56.4
11 (114)	0:49	4	0:02	4.3	22:10	7	5:39	34.2
12 (115)	3:21	15	2:17	214.1	25:31	7	7:54	44.8
13 (116)	2:01	1	-	-	27:32	5	7:29	37.3
14 (117)	0:48	7	0:12	33.3	28:20	5	7:35	36.6
15 (118)	1:10	4	0:10	16.7	29:30	5	7:29	34.0
16 (119)	2:36	3	0:12	8.3	32:06	5	7:11	28.8
17 (53)	0:45	4	0:06	15.4	32:51	5	7:01	27.2
18 (120)	0:57	4	0:06	11.8	33:48	5	6:45	25.0
19 (121)	0:55	5	0:04	7.8	34:43	5	6:38	23.6
20 (122)	1:06	4	0:03	4.8	35:49	5	6:19	21.4
21 (100)	0:50	11	0:13	35.1	36:39	5	6:16	20.6
□□	0:17	2	0:02	13.3	36:56	5	6:12	20.2