



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Kotikov, Pavel

□□: KUZMOLOVO

□□□: 40:50

□□□□: 9:59 min/km

□□: 4.09 km / 21 □□

□□□□:

Men -16

□□□□□: 7(of 19)

□□□□□□□: 30:44

□□: 10:06

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	2:11	9	0:31	31.0	2:11	9	0:31	31.0
2 (106)	0:53	6	0:12	29.3	3:04	7	0:33	21.9
3 (107)	4:58	15	3:18	198.0	8:02	10	3:49	90.5
4 (108)	2:27	11	1:16	107.0	10:29	8	4:31	75.7
5 (85)	2:32	14	1:58	347.1	13:01	8	5:54	82.9
6 (109)	1:24	9	0:26	44.8	14:25	8	5:58	70.6
7 (110)	0:53	3	0:07	15.2	15:18	8	5:57	63.6
8 (111)	1:44	4	0:18	20.9	17:02	8	6:00	54.4
9 (112)	1:32	9	0:42	84.0	18:34	7	6:35	54.9
10 (113)	2:09	7	0:29	29.0	20:43	6	7:04	51.8
11 (114)	1:11	8	0:24	51.1	21:54	6	5:23	32.6
12 (115)	1:18	7	0:14	21.9	23:12	5	5:35	31.7
13 (116)	5:36	12	3:35	177.7	28:48	6	8:45	43.6
14 (117)	0:58	13	0:22	61.1	29:46	6	9:01	43.5
15 (118)	1:32	10	0:32	53.3	31:18	7	9:17	42.2
16 (119)	4:24	14	2:00	83.3	35:42	7	10:47	43.3
17 (53)	0:42	3	0:03	7.7	36:24	7	10:34	40.9
18 (120)	1:03	7	0:12	23.5	37:27	7	10:24	38.5
19 (121)	0:56	7	0:05	9.8	38:23	7	10:18	36.7
20 (122)	1:18	7	0:15	23.8	39:41	7	10:11	34.5
21 (100)	0:49	8	0:12	32.4	40:30	7	10:07	33.3
□□	0:20	10	0:05	33.3	40:50	7	10:06	32.9