



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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krieviņš, Rihards

□□: Auseklis IK

□□□: 1:10:45

□□□□: 17:17 min/km

□□: 4.09 km / 21 □□

□□□□:

Men -16

□□□□□: 15(of 19)

□□□□□□: 30:44

□□: 40:01

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	3:05	10	1:25	85.0	3:05	10	1:25	85.0
2 (106)	5:13	17	4:32	663.4	8:18	14	5:47	229.8
3 (107)	2:15	9	0:35	35.0	10:33	13	6:20	150.2
4 (108)	1:30	5	0:19	26.8	12:03	9	6:05	102.0
5 (85)	11:08	17	10:34	1,864.7	23:11	15	16:04	225.8
6 (109)	5:13	16	4:15	439.7	28:24	15	19:57	236.1
7 (110)	1:11	6	0:25	54.4	29:35	14	20:14	216.4
8 (111)	2:09	9	0:43	50.0	31:44	14	20:42	187.6
9 (112)	1:12	4	0:22	44.0	32:56	14	20:57	174.8
10 (113)	14:05	17	12:25	745.0	47:01	16	33:22	244.4
11 (114)	0:53	5	0:06	12.8	47:54	15	31:23	190.0
12 (115)	2:29	14	1:25	132.8	50:23	15	32:46	186.0
13 (116)	8:05	13	6:04	300.8	58:28	15	38:25	191.6
14 (117)	1:08	14	0:32	88.9	59:36	15	38:51	187.2
15 (118)	1:31	9	0:31	51.7	1:01:07	15	39:06	177.6
16 (119)	3:44	10	1:20	55.6	1:04:51	15	39:56	160.3
17 (53)	0:54	7	0:15	38.5	1:05:45	15	39:55	154.5
18 (120)	1:12	12	0:21	41.2	1:06:57	15	39:54	147.5
19 (121)	1:12	13	0:21	41.2	1:08:09	15	40:04	142.7
20 (122)	1:26	10	0:23	36.5	1:09:35	15	40:05	135.9
21 (100)	0:50	11	0:13	35.1	1:10:25	15	40:02	131.8
□□	0:20	10	0:05	33.3	1:10:45	15	40:01	130.2