



Rīgas kausi / Riga Cup 2015

Rīga / 18.04.2015

□□□□

Tiriūna, Aurimas

□□: Šilalēs SM

□□□: 30:23

□□□□: 7:25 min/km

□□: 4.09 km / 21 □□

□□□□:

Men -18E

□□□□□: 5(of 16)

□□□□□□□: 29:11

□□: 1:12

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	2:17	13	0:49	55.7	2:17	13	0:49	55.7
2 (106)	2:56	12	2:15	329.3	5:13	11	2:52	122.0
3 (107)	1:45	3	0:13	14.1	6:58	11	2:53	70.6
4 (108)	1:18	3	0:04	5.4	8:16	9	2:04	33.3
5 (85)	0:43	3	0:04	10.3	8:59	8	2:03	29.6
6 (109)	0:56	2	0:09	19.2	9:55	8	1:58	24.7
7 (110)	0:57	3	0:08	16.3	10:52	7	1:48	19.9
8 (111)	1:52	5	0:25	28.7	12:44	6	1:48	16.5
9 (112)	1:07	13	0:21	45.7	13:51	6	2:09	18.4
10 (113)	1:28	2	0:03	3.5	15:19	6	1:56	14.5
11 (114)	0:45	5	0:06	15.4	16:04	3	1:55	13.6
12 (115)	1:10	8	0:13	22.8	17:14	4	1:56	12.6
13 (116)	2:26	8	0:30	25.9	19:40	3	2:21	13.6
14 (117)	0:39	3	0:02	5.4	20:19	3	2:11	12.0
15 (118)	1:46	8	0:45	73.8	22:05	4	1:57	9.7
16 (119)	3:18	14	1:09	53.5	25:23	5	2:18	10.0
17 (53)	0:47	7	0:11	30.6	26:10	5	2:24	10.1
18 (120)	1:07	12	0:18	36.7	27:17	5	1:32	6.0
19 (121)	0:48	1	-	-	28:05	5	1:19	4.9
20 (122)	1:14	8	0:13	21.3	29:19	5	1:16	4.5
21 (100)	0:44	6	0:08	22.2	30:03	5	1:13	4.2
□□	0:20	8	0:03	17.7	30:23	5	1:12	4.1