



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Krasovskis, Lauris

□□: Auseklis IK

□□□: 33:39

□□□□: 8:13 min/km

□□: 4.09 km / 21 □□

□□□□:

Men -18E

□□□□□: 7(of 16)

□□□□□□: 29:11

□□: 4:28

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	2:04	11	0:36	40.9	2:04	11	0:36	40.9
2 (106)	0:50	4	0:09	22.0	2:54	4	0:33	23.4
3 (107)	2:08	13	0:36	39.1	5:02	6	0:57	23.3
4 (108)	1:26	6	0:12	16.2	6:28	3	0:16	4.3
5 (85)	0:59	9	0:20	51.3	7:27	3	0:31	7.5
6 (109)	1:18	9	0:31	66.0	8:45	4	0:48	10.1
7 (110)	1:03	7	0:14	28.6	9:48	3	0:44	8.1
8 (111)	3:29	13	2:02	140.2	13:17	8	2:21	21.5
9 (112)	0:52	7	0:06	13.0	14:09	7	2:27	20.9
10 (113)	1:58	10	0:33	38.8	16:07	7	2:44	20.4
11 (114)	0:48	7	0:09	23.1	16:55	7	2:46	19.6
12 (115)	1:32	11	0:35	61.4	18:27	7	3:09	20.6
13 (116)	2:27	9	0:31	26.7	20:54	7	3:35	20.7
14 (117)	0:45	8	0:08	21.6	21:39	7	3:31	19.4
15 (118)	2:04	13	1:03	103.3	23:43	6	3:35	17.8
16 (119)	2:50	8	0:41	31.8	26:33	6	3:28	15.0
17 (53)	0:57	13	0:21	58.3	27:30	6	3:44	15.7
18 (120)	2:27	15	1:38	200.0	29:57	7	4:12	16.3
19 (121)	0:58	10	0:10	20.8	30:55	7	4:09	15.5
20 (122)	1:23	14	0:22	36.1	32:18	7	4:15	15.2
21 (100)	0:59	15	0:23	63.9	33:17	7	4:27	15.4
□□	0:22	14	0:05	29.4	33:39	7	4:28	15.3