



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Krasovskis, Lauris

□□: Auseklis IK

□□□: 33:39

□□□□: 8:13 min/km

□□: 4.09 km / 21 □□

□□□□:

Men -18E

□□□□□: 7(of 16)

□□□□□□: 29:11

□□: 4:28

□□□□

| □□       | □□   | □□ | □□   | □□    | □□□   | □□ | □□   | □□   |
|----------|------|----|------|-------|-------|----|------|------|
|          | □□   | -  | -    | %     | □□    | -  | -    | %    |
| 1 (105)  | 2:04 | 11 | 0:36 | 40.9  | 2:04  | 11 | 0:36 | 40.9 |
| 2 (106)  | 0:50 | 4  | 0:09 | 22.0  | 2:54  | 4  | 0:33 | 23.4 |
| 3 (107)  | 2:08 | 13 | 0:36 | 39.1  | 5:02  | 6  | 0:57 | 23.3 |
| 4 (108)  | 1:26 | 6  | 0:12 | 16.2  | 6:28  | 3  | 0:16 | 4.3  |
| 5 (85)   | 0:59 | 9  | 0:20 | 51.3  | 7:27  | 3  | 0:31 | 7.5  |
| 6 (109)  | 1:18 | 9  | 0:31 | 66.0  | 8:45  | 4  | 0:48 | 10.1 |
| 7 (110)  | 1:03 | 7  | 0:14 | 28.6  | 9:48  | 3  | 0:44 | 8.1  |
| 8 (111)  | 3:29 | 13 | 2:02 | 140.2 | 13:17 | 8  | 2:21 | 21.5 |
| 9 (112)  | 0:52 | 7  | 0:06 | 13.0  | 14:09 | 7  | 2:27 | 20.9 |
| 10 (113) | 1:58 | 10 | 0:33 | 38.8  | 16:07 | 7  | 2:44 | 20.4 |
| 11 (114) | 0:48 | 7  | 0:09 | 23.1  | 16:55 | 7  | 2:46 | 19.6 |
| 12 (115) | 1:32 | 11 | 0:35 | 61.4  | 18:27 | 7  | 3:09 | 20.6 |
| 13 (116) | 2:27 | 9  | 0:31 | 26.7  | 20:54 | 7  | 3:35 | 20.7 |
| 14 (117) | 0:45 | 8  | 0:08 | 21.6  | 21:39 | 7  | 3:31 | 19.4 |
| 15 (118) | 2:04 | 13 | 1:03 | 103.3 | 23:43 | 6  | 3:35 | 17.8 |
| 16 (119) | 2:50 | 8  | 0:41 | 31.8  | 26:33 | 6  | 3:28 | 15.0 |
| 17 (53)  | 0:57 | 13 | 0:21 | 58.3  | 27:30 | 6  | 3:44 | 15.7 |
| 18 (120) | 2:27 | 15 | 1:38 | 200.0 | 29:57 | 7  | 4:12 | 16.3 |
| 19 (121) | 0:58 | 10 | 0:10 | 20.8  | 30:55 | 7  | 4:09 | 15.5 |
| 20 (122) | 1:23 | 14 | 0:22 | 36.1  | 32:18 | 7  | 4:15 | 15.2 |
| 21 (100) | 0:59 | 15 | 0:23 | 63.9  | 33:17 | 7  | 4:27 | 15.4 |
| □□       | 0:22 | 14 | 0:05 | 29.4  | 33:39 | 7  | 4:28 | 15.3 |