



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Serebrianitckii, Konstantin

□□□: 38:15

□□: Rehns BK

□□□□: 6:08 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -20E

□□□□□: 3(of 22)

□□□□□□□: 35:32

□□: 2:43

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	□□	-	-	%	□□	-	-	%
1 (31)	1:30	1	-	-	1:30	1	-	-
2 (32)	5:36	18	3:57	239.4	7:06	17	3:55	123.0
3 (33)	1:26	1	-	-	8:32	15	3:52	82.9
4 (34)	0:28	2	0:01	3.7	9:00	13	3:49	73.6
5 (35)	2:37	15	0:55	53.9	11:37	12	4:44	68.8
6 (36)	1:47	1	-	-	13:24	9	4:18	47.3
7 (37)	1:23	14	0:36	76.6	14:47	8	4:51	48.8
8 (38)	1:03	3	0:06	10.5	15:50	7	4:57	45.5
9 (39)	0:28	1	-	-	16:18	6	4:46	41.3
10 (40)	1:24	2	0:01	1.2	17:42	5	4:47	37.0
11 (41)	1:24	2	0:02	2.4	19:06	5	4:32	31.1
12 (42)	1:19	11	0:24	43.6	20:25	5	4:15	26.3
13 (43)	0:57	1	-	-	21:22	3	4:09	24.1
14 (44)	0:30	1	-	-	21:52	3	4:07	23.2
15 (45)	1:10	3	0:03	4.5	23:02	3	4:10	22.1
16 (46)	0:48	2	0:01	2.1	23:50	3	4:11	21.3
17 (47)	2:41	18	1:12	80.9	26:31	4	5:23	25.5
18 (48)	0:41	1	-	-	27:12	4	4:35	20.3
19 (49)	0:20	2	0:01	5.3	27:32	4	4:34	19.9
20 (50)	1:21	2	0:11	15.7	28:53	3	4:45	19.7
21 (51)	0:54	1	-	-	29:47	3	4:38	18.4
22 (52)	1:11	6	0:12	20.3	30:58	3	2:53	10.3
23 (53)	2:38	1	-	-	33:36	3	2:38	8.5
24 (54)	1:04	6	0:07	12.3	34:40	3	2:40	8.3
25 (55)	0:33	1	-	-	35:13	3	2:36	8.0
26 (56)	0:49	4	0:03	6.5	36:02	3	2:39	7.9
27 (57)	1:12	4	0:04	5.9	37:14	3	2:43	7.9
28 (100)	0:43	4	0:03	7.5	37:57	3	2:41	7.6
□□	0:18	5	0:02	12.5	38:15	3	2:43	7.7