



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Baunis, Jānis

□□: Madonas BJSS/OK Arona

□□□: 43:53

□□□□: 7:02 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -20E

□□□□□: 6(of 22)

□□□□□□: 35:32

□□: 8:21

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:48	8	0:18	20.0	1:48	8	0:18	20.0
2 (32)	2:28	8	0:49	49.5	4:16	8	1:05	34.0
3 (33)	2:34	18	1:08	79.1	6:50	10	2:10	46.4
4 (34)	2:02	21	1:35	351.9	8:52	12	3:41	71.1
5 (35)	2:41	16	0:59	57.8	11:33	11	4:40	67.8
6 (36)	2:17	5	0:30	28.0	13:50	10	4:44	52.0
7 (37)	1:03	5	0:16	34.0	14:53	9	4:57	49.8
8 (38)	1:15	7	0:18	31.6	16:08	8	5:15	48.2
9 (39)	0:34	3	0:06	21.4	16:42	7	5:10	44.8
10 (40)	2:07	10	0:44	53.0	18:49	6	5:54	45.7
11 (41)	1:25	3	0:03	3.7	20:14	6	5:40	38.9
12 (42)	1:02	2	0:07	12.7	21:16	6	5:06	31.6
13 (43)	2:06	14	1:09	121.1	23:22	6	6:09	35.7
14 (44)	1:43	20	1:13	243.3	25:05	7	7:20	41.3
15 (45)	1:12	4	0:05	7.5	26:17	6	7:25	39.3
16 (46)	0:55	6	0:08	17.0	27:12	6	7:33	38.4
17 (47)	1:48	8	0:19	21.4	29:00	6	7:52	37.2
18 (48)	0:48	7	0:07	17.1	29:48	6	7:11	31.8
19 (49)	0:25	11	0:06	31.6	30:13	6	7:15	31.6
20 (50)	2:44	20	1:34	134.3	32:57	6	8:49	36.5
21 (51)	1:16	13	0:22	40.7	34:13	6	9:04	36.1
22 (52)	0:59	1	-	-	35:12	6	7:07	25.3
23 (53)	3:11	10	0:33	20.9	38:23	6	7:25	24.0
24 (54)	1:44	18	0:47	82.5	40:07	7	8:07	25.4
25 (55)	0:40	12	0:07	21.2	40:47	7	8:10	25.0
26 (56)	0:53	7	0:07	15.2	41:40	7	8:17	24.8
27 (57)	1:13	5	0:05	7.4	42:53	7	8:22	24.2
28 (100)	0:42	2	0:02	5.0	43:35	6	8:19	23.6
□□	0:18	5	0:02	12.5	43:53	6	8:21	23.5