



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Kudriavtsev, Ilia

□□: NORD WEST

□□□: 43:57

□□□□: 7:03 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -20E

□□□□□: 7(of 22)

□□□□□□□: 35:32

□□: 8:25

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	2:01	14	0:31	34.4	2:01	14	0:31	34.4
2 (32)	2:03	4	0:24	24.2	4:04	5	0:53	27.8
3 (33)	1:48	11	0:22	25.6	5:52	5	1:12	25.7
4 (34)	0:36	6	0:09	33.3	6:28	5	1:17	24.8
5 (35)	2:08	7	0:26	25.5	8:36	6	1:43	24.9
6 (36)	2:51	10	1:04	59.8	11:27	6	2:21	25.8
7 (37)	0:59	3	0:12	25.5	12:26	5	2:30	25.2
8 (38)	1:13	6	0:16	28.1	13:39	5	2:46	25.4
9 (39)	0:42	8	0:14	50.0	14:21	4	2:49	24.4
10 (40)	5:40	19	4:17	309.6	20:01	9	7:06	55.0
11 (41)	2:01	12	0:39	47.6	22:02	8	7:28	51.3
12 (42)	1:34	15	0:39	70.9	23:36	8	7:26	46.0
13 (43)	1:37	11	0:40	70.2	25:13	8	8:00	46.5
14 (44)	0:47	13	0:17	56.7	26:00	8	8:15	46.5
15 (45)	1:26	10	0:19	28.4	27:26	8	8:34	45.4
16 (46)	1:23	16	0:36	76.6	28:49	8	9:10	46.7
17 (47)	1:45	5	0:16	18.0	30:34	8	9:26	44.6
18 (48)	0:44	2	0:03	7.3	31:18	7	8:41	38.4
19 (49)	0:23	7	0:04	21.1	31:41	7	8:43	38.0
20 (50)	1:24	6	0:14	20.0	33:05	7	8:57	37.1
21 (51)	1:17	14	0:23	42.6	34:22	7	9:13	36.7
22 (52)	1:11	6	0:12	20.3	35:33	7	7:28	26.6
23 (53)	3:11	10	0:33	20.9	38:44	7	7:46	25.1
24 (54)	1:06	9	0:09	15.8	39:50	6	7:50	24.5
25 (55)	0:40	12	0:07	21.2	40:30	6	7:53	24.2
26 (56)	0:55	11	0:09	19.6	41:25	6	8:02	24.1
27 (57)	1:18	10	0:10	14.7	42:43	6	8:12	23.8
28 (100)	0:53	15	0:13	32.5	43:36	7	8:20	23.6
□□	0:21	14	0:05	31.3	43:57	7	8:25	23.7