



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Jansons, Ervīns

□□: Auseklis IK

□□□: 47:57

□□□□: 7:41 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -20E

□□□□□: 10(of 22)

□□□□□□□: 35:32

□□: 12:25

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	2:18	18	0:48	53.3	2:18	18	0:48	53.3
2 (32)	2:41	11	1:02	62.6	4:59	12	1:48	56.5
3 (33)	3:12	20	1:46	123.3	8:11	12	3:31	75.4
4 (34)	0:39	9	0:12	44.4	8:50	11	3:39	70.4
5 (35)	2:36	14	0:54	52.9	11:26	9	4:33	66.1
6 (36)	3:52	16	2:05	116.8	15:18	13	6:12	68.1
7 (37)	1:11	9	0:24	51.1	16:29	12	6:33	65.9
8 (38)	1:15	7	0:18	31.6	17:44	12	6:51	62.9
9 (39)	0:39	6	0:11	39.3	18:23	10	6:51	59.4
10 (40)	3:56	16	2:33	184.3	22:19	12	9:24	72.8
11 (41)	2:00	11	0:38	46.3	24:19	12	9:45	66.9
12 (42)	1:22	12	0:27	49.1	25:41	11	9:31	58.9
13 (43)	2:33	17	1:36	168.4	28:14	11	11:01	64.0
14 (44)	0:50	14	0:20	66.7	29:04	11	11:19	63.8
15 (45)	2:06	19	0:59	88.1	31:10	11	12:18	65.2
16 (46)	1:21	15	0:34	72.3	32:31	12	12:52	65.5
17 (47)	1:47	7	0:18	20.2	34:18	12	13:10	62.3
18 (48)	0:52	10	0:11	26.8	35:10	12	12:33	55.5
19 (49)	0:25	11	0:06	31.6	35:35	12	12:37	54.9
20 (50)	1:26	8	0:16	22.9	37:01	11	12:53	53.4
21 (51)	1:13	11	0:19	35.2	38:14	11	13:05	52.0
22 (52)	1:25	12	0:26	44.1	39:39	11	11:34	41.2
23 (53)	3:08	8	0:30	19.0	42:47	11	11:49	38.2
24 (54)	1:08	11	0:11	19.3	43:55	10	11:55	37.2
25 (55)	0:40	12	0:07	21.2	44:35	10	11:58	36.7
26 (56)	0:53	7	0:07	15.2	45:28	10	12:05	36.2
27 (57)	1:19	11	0:11	16.2	46:47	10	12:16	35.5
28 (100)	0:51	12	0:11	27.5	47:38	10	12:22	35.1
□□	0:19	10	0:03	18.8	47:57	10	12:25	34.9