



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Krasovskis, Dainis

□□: Auseklis IK

□□□: 51:51

□□□□: 8:19 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -20E

□□□□□: 15(of 22)

□□□□□□: 35:32

□□: 16:19

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	2:30	19	1:00	66.7	2:30	19	1:00	66.7
2 (32)	2:11	6	0:32	32.3	4:41	10	1:30	47.1
3 (33)	1:40	5	0:14	16.3	6:21	8	1:41	36.1
4 (34)	0:33	4	0:06	22.2	6:54	7	1:43	33.1
5 (35)	2:10	8	0:28	27.5	9:04	7	2:11	31.7
6 (36)	3:46	15	1:59	111.2	12:50	7	3:44	41.0
7 (37)	1:14	11	0:27	57.5	14:04	6	4:08	41.6
8 (38)	2:50	19	1:53	198.3	16:54	10	6:01	55.3
9 (39)	0:31	2	0:03	10.7	17:25	9	5:53	51.0
10 (40)	2:26	13	1:03	75.9	19:51	8	6:56	53.7
11 (41)	10:25	20	9:03	662.2	30:16	18	15:42	107.8
12 (42)	1:22	12	0:27	49.1	31:38	18	15:28	95.7
13 (43)	1:27	9	0:30	52.6	33:05	18	15:52	92.2
14 (44)	0:53	16	0:23	76.7	33:58	18	16:13	91.4
15 (45)	1:23	9	0:16	23.9	35:21	17	16:29	87.4
16 (46)	1:06	10	0:19	40.4	36:27	17	16:48	85.5
17 (47)	1:46	6	0:17	19.1	38:13	17	17:05	80.8
18 (48)	0:52	10	0:11	26.8	39:05	16	16:28	72.8
19 (49)	0:24	9	0:05	26.3	39:29	16	16:31	71.9
20 (50)	1:30	11	0:20	28.6	40:59	15	16:51	69.8
21 (51)	1:12	9	0:18	33.3	42:11	15	17:02	67.7
22 (52)	1:23	11	0:24	40.7	43:34	15	15:29	55.1
23 (53)	3:07	7	0:29	18.4	46:41	15	15:43	50.8
24 (54)	1:07	10	0:10	17.5	47:48	15	15:48	49.4
25 (55)	0:37	7	0:04	12.1	48:25	15	15:48	48.4
26 (56)	0:56	12	0:10	21.7	49:21	15	15:58	47.8
27 (57)	1:19	11	0:11	16.2	50:40	15	16:09	46.8
28 (100)	0:51	12	0:11	27.5	51:31	15	16:15	46.1
□□	0:20	12	0:04	25.0	51:51	15	16:19	45.9