



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Stepanov, Nikita

□□: NORD WEST

□□□: 32:37

□□□□: 5:14 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 11(of 73)

□□□□□□: 29:35

□□: 3:02

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	□□	-	-	%	□□	-	-	%
1 (31)	1:30	6	0:04	4.7	1:30	6	0:04	4.7
2 (32)	1:45	12	0:15	16.7	3:15	6	0:18	10.2
3 (33)	1:38	27	0:23	30.7	4:53	9	0:37	14.5
4 (34)	0:25	5	0:01	4.2	5:18	7	0:38	13.6
5 (35)	1:43	8	0:16	18.4	7:01	6	0:54	14.7
6 (36)	2:17	29	0:41	42.7	9:18	11	1:31	19.5
7 (37)	0:49	7	0:04	8.9	10:07	10	1:31	17.6
8 (38)	0:56	12	0:06	12.0	11:03	10	1:37	17.1
9 (39)	0:31	11	0:03	10.7	11:34	10	1:26	14.1
10 (40)	2:06	52	0:49	63.6	13:40	15	2:08	18.5
11 (41)	1:24	16	0:11	15.1	15:04	15	2:17	17.9
12 (42)	1:08	31	0:21	44.7	16:12	12	2:38	19.4
13 (43)	1:00	11	0:06	11.1	17:12	12	2:44	18.9
14 (44)	0:45	50	0:17	60.7	17:57	13	3:00	20.1
15 (45)	1:08	9	0:09	15.3	19:05	12	3:09	19.8
16 (46)	0:46	9	0:04	9.5	19:51	12	3:13	19.3
17 (47)	1:28	13	0:10	12.8	21:19	11	3:23	18.9
18 (48)	0:40	19	0:07	21.2	21:59	11	2:40	13.8
19 (49)	0:20	6	0:02	11.1	22:19	11	2:42	13.8
20 (50)	1:21	42	0:18	28.6	23:40	12	3:00	14.5
21 (51)	1:01	23	0:08	15.1	24:41	12	3:03	14.1
22 (52)	0:57	27	0:09	18.8	25:38	12	2:46	12.1
23 (53)	2:39	20	0:19	13.6	28:17	12	3:05	12.2
24 (54)	0:56	10	0:05	9.8	29:13	12	2:54	11.0
25 (55)	0:33	24	0:06	22.2	29:46	12	2:56	10.9
26 (56)	0:44	5	0:03	7.3	30:30	12	2:53	10.4
27 (57)	1:10	33	0:12	20.7	31:40	12	3:02	10.6
28 (100)	0:41	16	0:07	20.6	32:21	12	3:03	10.4
□□	0:16	4	0:01	6.7	32:37	11	3:02	10.3