



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Fagerudd, Kim

□□: Paimion Rasti

□□□: 34:19

□□□□: 5:30 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 19(of 73)

□□□□□□: 29:35

□□: 4:44

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:33	13	0:07	8.1	1:33	13	0:07	8.1
2 (32)	1:51	20	0:21	23.3	3:24	12	0:27	15.3
3 (33)	1:31	13	0:16	21.3	4:55	11	0:39	15.2
4 (34)	0:47	65	0:23	95.8	5:42	22	1:02	22.1
5 (35)	1:50	26	0:23	26.4	7:32	20	1:25	23.2
6 (36)	1:54	10	0:18	18.8	9:26	14	1:39	21.2
7 (37)	0:56	24	0:11	24.4	10:22	12	1:46	20.5
8 (38)	1:01	29	0:11	22.0	11:23	13	1:57	20.7
9 (39)	0:31	11	0:03	10.7	11:54	13	1:46	17.4
10 (40)	1:35	25	0:18	23.4	13:29	12	1:57	16.9
11 (41)	1:32	36	0:19	26.0	15:01	14	2:14	17.5
12 (42)	0:51	2	0:04	8.5	15:52	11	2:18	17.0
13 (43)	1:07	30	0:13	24.1	16:59	11	2:31	17.4
14 (44)	0:35	20	0:07	25.0	17:34	11	2:37	17.5
15 (45)	1:13	24	0:14	23.7	18:47	11	2:51	17.9
16 (46)	0:53	42	0:11	26.2	19:40	11	3:02	18.2
17 (47)	2:56	61	1:38	125.6	22:36	19	4:40	26.0
18 (48)	0:37	7	0:04	12.1	23:13	18	3:54	20.2
19 (49)	0:20	6	0:02	11.1	23:33	18	3:56	20.1
20 (50)	1:34	62	0:31	49.2	25:07	19	4:27	21.5
21 (51)	0:56	3	0:03	5.7	26:03	19	4:25	20.4
22 (52)	0:52	9	0:04	8.3	26:55	18	4:03	17.7
23 (53)	2:45	34	0:25	17.9	29:40	18	4:28	17.7
24 (54)	1:01	23	0:10	19.6	30:41	18	4:22	16.6
25 (55)	0:34	32	0:07	25.9	31:15	18	4:25	16.5
26 (56)	0:50	41	0:09	22.0	32:05	18	4:28	16.2
27 (57)	1:10	33	0:12	20.7	33:15	18	4:37	16.1
28 (100)	0:45	36	0:11	32.4	34:00	19	4:42	16.0
□□	0:19	33	0:04	26.7	34:19	19	4:44	16.0