



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Puriņš, Mikus

□□: Auseklis IK

□□□: 34:38

□□□□: 5:33 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 20(of 73)

□□□□□□: 29:35

□□: 5:03

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:33	13	0:07	8.1	1:33	13	0:07	8.1
2 (32)	1:51	20	0:21	23.3	3:24	12	0:27	15.3
3 (33)	1:34	19	0:19	25.3	4:58	14	0:42	16.4
4 (34)	0:30	20	0:06	25.0	5:28	12	0:48	17.1
5 (35)	1:46	15	0:19	21.8	7:14	10	1:07	18.3
6 (36)	2:30	40	0:54	56.3	9:44	19	1:57	25.1
7 (37)	2:17	60	1:32	204.4	12:01	35	3:25	39.7
8 (38)	0:57	15	0:07	14.0	12:58	32	3:32	37.5
9 (39)	0:31	11	0:03	10.7	13:29	30	3:21	33.1
10 (40)	1:47	43	0:30	39.0	15:16	28	3:44	32.4
11 (41)	1:27	26	0:14	19.2	16:43	27	3:56	30.8
12 (42)	1:03	24	0:16	34.0	17:46	26	4:12	31.0
13 (43)	1:12	42	0:18	33.3	18:58	26	4:30	31.1
14 (44)	0:33	9	0:05	17.9	19:31	26	4:34	30.6
15 (45)	1:11	18	0:12	20.3	20:42	26	4:46	29.9
16 (46)	0:46	9	0:04	9.5	21:28	24	4:50	29.1
17 (47)	1:26	10	0:08	10.3	22:54	21	4:58	27.7
18 (48)	0:44	36	0:11	33.3	23:38	20	4:19	22.4
19 (49)	0:20	6	0:02	11.1	23:58	20	4:21	22.2
20 (50)	1:20	41	0:17	27.0	25:18	20	4:38	22.4
21 (51)	1:00	20	0:07	13.2	26:18	20	4:40	21.6
22 (52)	1:07	52	0:19	39.6	27:25	22	4:33	19.9
23 (53)	2:46	37	0:26	18.6	30:11	21	4:59	19.8
24 (54)	1:01	23	0:10	19.6	31:12	21	4:53	18.6
25 (55)	0:34	32	0:07	25.9	31:46	21	4:56	18.4
26 (56)	0:46	16	0:05	12.2	32:32	20	4:55	17.8
27 (57)	1:08	25	0:10	17.2	33:40	20	5:02	17.6
28 (100)	0:41	16	0:07	20.6	34:21	20	5:03	17.2
□□	0:17	13	0:02	13.3	34:38	20	5:03	17.1