



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Kivlenieks, Andris

□□: Ogre OK/SC

□□□: 35:09

□□□□: 5:38 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 24(of 73)

□□□□□□: 29:35

□□: 5:34

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:40	28	0:14	16.3	1:40	28	0:14	16.3
2 (32)	2:01	40	0:31	34.4	3:41	32	0:44	24.9
3 (33)	1:28	7	0:13	17.3	5:09	21	0:53	20.7
4 (34)	0:31	24	0:07	29.2	5:40	20	1:00	21.4
5 (35)	1:47	18	0:20	23.0	7:27	17	1:20	21.8
6 (36)	3:17	51	1:41	105.2	10:44	34	2:57	37.9
7 (37)	0:50	11	0:05	11.1	11:34	29	2:58	34.5
8 (38)	1:00	26	0:10	20.0	12:34	25	3:08	33.2
9 (39)	0:32	20	0:04	14.3	13:06	25	2:58	29.3
10 (40)	1:38	32	0:21	27.3	14:44	22	3:12	27.8
11 (41)	1:28	29	0:15	20.6	16:12	21	3:25	26.7
12 (42)	0:56	9	0:09	19.2	17:08	20	3:34	26.3
13 (43)	1:05	26	0:11	20.4	18:13	21	3:45	25.9
14 (44)	0:40	41	0:12	42.9	18:53	21	3:56	26.3
15 (45)	1:17	32	0:18	30.5	20:10	21	4:14	26.6
16 (46)	0:50	33	0:08	19.1	21:00	21	4:22	26.3
17 (47)	1:36	31	0:18	23.1	22:36	19	4:40	26.0
18 (48)	1:12	62	0:39	118.2	23:48	23	4:29	23.2
19 (49)	0:21	22	0:03	16.7	24:09	23	4:32	23.1
20 (50)	1:16	26	0:13	20.6	25:25	22	4:45	23.0
21 (51)	1:12	52	0:19	35.9	26:37	23	4:59	23.0
22 (52)	1:06	49	0:18	37.5	27:43	23	4:51	21.2
23 (53)	2:51	42	0:31	22.1	30:34	25	5:22	21.3
24 (54)	1:03	35	0:12	23.5	31:37	24	5:18	20.1
25 (55)	0:33	24	0:06	22.2	32:10	24	5:20	19.9
26 (56)	0:48	27	0:07	17.1	32:58	24	5:21	19.4
27 (57)	1:12	43	0:14	24.1	34:10	24	5:32	19.3
28 (100)	0:42	22	0:08	23.5	34:52	24	5:34	19.0
□□	0:17	13	0:02	13.3	35:09	24	5:34	18.8