



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Zagorska, Alise

□□: Auseklis IK

□□□: 49:07

□□□□: 14:47 min/km

□□: 3.32 km / 15 □□

□□□□:

Women -14

□□□□□: 11(of 21)

□□□□□□□: 28:05

□□: 21:02

□□□□

| □□       | □□<br>□□ | □□<br>- | □□<br>- | □□<br>% | □□□<br>□□ | □□<br>- | □□<br>- | □□<br>% |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (130)  | 4:01     | 13      | 1:54    | 89.8    | 4:01      | 13      | 1:54    | 89.8    |
| 2 (135)  | 1:23     | 5       | 0:10    | 13.7    | 5:24      | 9       | 2:02    | 60.4    |
| 3 (83)   | 0:46     | 3       | 0:13    | 39.4    | 6:10      | 7       | 2:04    | 50.4    |
| 4 (111)  | 7:27     | 10      | 3:19    | 80.2    | 13:37     | 10      | 4:26    | 48.3    |
| 5 (95)   | 7:56     | 15      | 5:38    | 244.9   | 21:33     | 13      | 9:36    | 80.3    |
| 6 (92)   | 7:04     | 16      | 5:15    | 289.0   | 28:37     | 14      | 14:33   | 103.4   |
| 7 (96)   | 1:29     | 2       | 0:01    | 1.1     | 30:06     | 14      | 14:28   | 92.5    |
| 8 (133)  | 2:13     | 6       | 0:25    | 23.2    | 32:19     | 11      | 13:47   | 74.4    |
| 9 (118)  | 5:59     | 16      | 4:15    | 245.2   | 38:18     | 12      | 18:02   | 89.0    |
| 10 (102) | 3:55     | 12      | 0:46    | 24.3    | 42:13     | 11      | 18:45   | 79.9    |
| 11 (53)  | 2:05     | 15      | 1:04    | 104.9   | 44:18     | 11      | 19:38   | 79.6    |
| 12 (126) | 2:51     | 15      | 1:30    | 111.1   | 47:09     | 11      | 21:08   | 81.2    |
| 13 (120) | 0:41     | 12      | 0:11    | 36.7    | 47:50     | 11      | 21:15   | 79.9    |
| 14 (132) | 0:32     | 1       | -       | -       | 48:22     | 11      | 21:08   | 77.6    |
| 15 (100) | 0:23     | 1       | -       | -       | 48:45     | 11      | 21:03   | 76.0    |
| □□       | 0:22     | 6       | 0:01    | 4.8     | 49:07     | 11      | 21:02   | 74.9    |