



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Skujenieks, Mārtiņš

□□: Ozons

□□□: 38:08

□□□□: 6:07 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 37(of 73)

□□□□□□: 29:35

□□: 8:33

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:44	37	0:18	20.9	1:44	37	0:18	20.9
2 (32)	2:23	55	0:53	58.9	4:07	47	1:10	39.6
3 (33)	2:08	57	0:53	70.7	6:15	50	1:59	46.5
4 (34)	0:32	31	0:08	33.3	6:47	48	2:07	45.4
5 (35)	1:52	29	0:25	28.7	8:39	45	2:32	41.4
6 (36)	3:31	53	1:55	119.8	12:10	51	4:23	56.3
7 (37)	1:26	52	0:41	91.1	13:36	49	5:00	58.1
8 (38)	1:09	45	0:19	38.0	14:45	48	5:19	56.4
9 (39)	1:50	66	1:22	292.9	16:35	53	6:27	63.7
10 (40)	1:27	11	0:10	13.0	18:02	48	6:30	56.4
11 (41)	1:26	21	0:13	17.8	19:28	46	6:41	52.3
12 (42)	1:03	24	0:16	34.0	20:31	44	6:57	51.2
13 (43)	1:07	30	0:13	24.1	21:38	41	7:10	49.5
14 (44)	0:39	38	0:11	39.3	22:17	42	7:20	49.1
15 (45)	1:09	14	0:10	17.0	23:26	40	7:30	47.1
16 (46)	0:57	48	0:15	35.7	24:23	40	7:45	46.6
17 (47)	1:46	44	0:28	35.9	26:09	39	8:13	45.8
18 (48)	0:50	49	0:17	51.5	26:59	39	7:40	39.7
19 (49)	0:21	22	0:03	16.7	27:20	39	7:43	39.3
20 (50)	1:17	29	0:14	22.2	28:37	39	7:57	38.5
21 (51)	1:08	43	0:15	28.3	29:45	38	8:07	37.5
22 (52)	1:00	38	0:12	25.0	30:45	39	7:53	34.5
23 (53)	2:50	39	0:30	21.4	33:35	37	8:23	33.3
24 (54)	1:01	23	0:10	19.6	34:36	37	8:17	31.5
25 (55)	0:33	24	0:06	22.2	35:09	36	8:19	31.0
26 (56)	0:49	32	0:08	19.5	35:58	37	8:21	30.2
27 (57)	1:06	17	0:08	13.8	37:04	36	8:26	29.5
28 (100)	0:44	30	0:10	29.4	37:48	37	8:30	29.0
□□	0:20	44	0:05	33.3	38:08	37	8:33	28.9