



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Paladiev, Evgeniy

□□: NordWest

□□□: 39:01

□□□□: 6:15 min/km

□□: 6.23 km / 28 □□

□□□□:

Men -21E

□□□□□: 41(of 73)

□□□□□□: 29:35

□□: 9:26

□□□□

| □□ | □□ □□ | □□ - | □□ - | □□ % | □□□ □□ | □□ - | □□ - | □□ % |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (31) | 1:44 | 37 | 0:18 | 20.9 | 1:44 | 37 | 0:18 | 20.9 |
| 2 (32) | 2:49 | 61 | 1:19 | 87.8 | 4:33 | 57 | 1:36 | 54.2 |
| 3 (33) | 1:38 | 27 | 0:23 | 30.7 | 6:11 | 48 | 1:55 | 44.9 |
| 4 (34) | 0:31 | 24 | 0:07 | 29.2 | 6:42 | 47 | 2:02 | 43.6 |
| 5 (35) | 2:08 | 57 | 0:41 | 47.1 | 8:50 | 48 | 2:43 | 44.4 |
| 6 (36) | 2:10 | 25 | 0:34 | 35.4 | 11:00 | 37 | 3:13 | 41.3 |
| 7 (37) | 0:49 | 7 | 0:04 | 8.9 | 11:49 | 33 | 3:13 | 37.4 |
| 8 (38) | 1:07 | 42 | 0:17 | 34.0 | 12:56 | 31 | 3:30 | 37.1 |
| 9 (39) | 1:54 | 67 | 1:26 | 307.1 | 14:50 | 41 | 4:42 | 46.4 |
| 10 (40) | 2:58 | 64 | 1:41 | 131.2 | 17:48 | 47 | 6:16 | 54.3 |
| 11 (41) | 1:37 | 46 | 0:24 | 32.9 | 19:25 | 45 | 6:38 | 51.9 |
| 12 (42) | 1:50 | 52 | 1:03 | 134.0 | 21:15 | 47 | 7:41 | 56.6 |
| 13 (43) | 1:02 | 14 | 0:08 | 14.8 | 22:17 | 46 | 7:49 | 54.0 |
| 14 (44) | 1:07 | 64 | 0:39 | 139.3 | 23:24 | 45 | 8:27 | 56.5 |
| 15 (45) | 1:19 | 36 | 0:20 | 33.9 | 24:43 | 45 | 8:47 | 55.1 |
| 16 (46) | 1:02 | 56 | 0:20 | 47.6 | 25:45 | 45 | 9:07 | 54.8 |
| 17 (47) | 1:35 | 28 | 0:17 | 21.8 | 27:20 | 43 | 9:24 | 52.4 |
| 18 (48) | 0:41 | 22 | 0:08 | 24.2 | 28:01 | 44 | 8:42 | 45.0 |
| 19 (49) | 0:20 | 6 | 0:02 | 11.1 | 28:21 | 43 | 8:44 | 44.5 |
| 20 (50) | 1:10 | 7 | 0:07 | 11.1 | 29:31 | 43 | 8:51 | 42.8 |
| 21 (51) | 1:11 | 50 | 0:18 | 34.0 | 30:42 | 43 | 9:04 | 41.9 |
| 22 (52) | 0:53 | 13 | 0:05 | 10.4 | 31:35 | 43 | 8:43 | 38.1 |
| 23 (53) | 2:48 | 38 | 0:28 | 20.0 | 34:23 | 43 | 9:11 | 36.4 |
| 24 (54) | 1:00 | 18 | 0:09 | 17.7 | 35:23 | 43 | 9:04 | 34.5 |
| 25 (55) | 0:34 | 32 | 0:07 | 25.9 | 35:57 | 43 | 9:07 | 34.0 |
| 26 (56) | 0:49 | 32 | 0:08 | 19.5 | 36:46 | 42 | 9:09 | 33.1 |
| 27 (57) | 1:12 | 43 | 0:14 | 24.1 | 37:58 | 42 | 9:20 | 32.6 |
| 28 (100) | 0:44 | 30 | 0:10 | 29.4 | 38:42 | 41 | 9:24 | 32.1 |
| □□ | 0:19 | 33 | 0:04 | 26.7 | 39:01 | 41 | 9:26 | 31.9 |